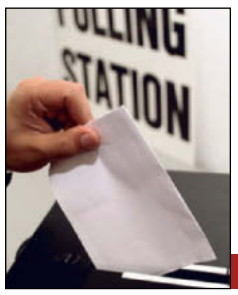

Don't forget to vote this week

Mayoral, council and European polls on May 22

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Flower power on show

Enter Tower Hamlets in Bloom competition

SEE PAGE 9

Marvel of Victorian engineering

The world famous Tower Bridge turns 120

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

London Chest to be sold to developers

Renowned heart hospital to be merged and moved

Services at the London Chest Hospital will move to Bart's in the City

BY JESSICA ODUBAYO

THE site of the London Chest Hospital in Bethnal Green may be sold as early as next year, Barts Health NHS trust has confirmed.

Discussions about the possible sale and redevelopment of the site are said to be at an advanced stage.

A spokeswoman for the trust said the hospital services would become part of one of the largest specialist cardiovascular units in the UK, based at Barts Hospital in the City.

"This will be established through the merging of existing specialist cardiovascular services provided at the London Chest Hospital, St Bartholomew's Hospital, run by Barts Health NHS Trust, and the Heart Hospital, run by University College London NHS Foundation Trust (UCLH), into a single high-volume specialist centre that will provide world-class treatments to patients across north east and north central London, as well as nationally," the spokeswoman said.

The London Chest Hospital, in Bonner Road, is renowned for treating heart attack patients. Staff famously saved the life of Bolton Wanderers footballer Fabrice Muamba in 2012, after his heart stopped for 80 minutes. It also treated David Beckham's father, Ted, in 2007.

A former staff nurse who worked at the hospital for more than two decades said she was devastated at the sale of the site.

"The Chest Hospital was purposefully chosen and built at a time when there was so much TB around," the former employee, who lives in Bethnal Green, told East End Life.

The Barts Health spokeswoman said discussions about the sale of the site had been held for several years.

"The decision to go ahead with the sale follows consultation with stakeholders, including community interest groups and staff," she said.

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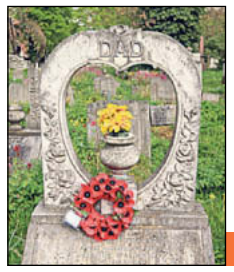

From beekeeping to stone carving

"This grant will help the Friends continue to offer essential services as well as expanding its activities, ensuring the park remains effectively managed and enjoyed by Londoners."

BILLY DOVE, CHAIRMAN OF CITY BRIDGE TRUST

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abc

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Safeguarding future of a unique, beautiful park

BY JESSICA ODUBAYO

FRIENDS of Tower Hamlets Cemetery Park, which manages the 33 acres of the woodland, has received a grant of around £50,000 to bolster its work.

Awarded by the City of London Corporation's charity, City Bridge Trust, the cash will enable the charity to encourage deeper understanding of the cemetery park's green environment and biodiversity.

The Friends group, which is supported by 3,000 volunteers, is committed to preserving the park and encouraging greater use of the open spaces.

The funding will go towards a full-time co-ordinator to develop the charity's environmental education services and promote the park as an educational and recreational resource.

In addition, the Friends group plans to offer leisure pursuits such as wildlife gardening, natural dyeing, beekeeping and stone carving.

Park manager Kenneth Greenway said: "We're so pleased to receive this grant. It will allow us to bring to life our hopes of strengthening our capabilities and fulfilling our aspirations.

"We can now help to better support the community around us. The future now looks more stable for the Friends."

Billy Dove, chairman of City Bridge Trust, said: "As a resident of Tower Hamlets for 50 years, I have taken a personal interest in the work of the Friends of Tower Hamlets Cemetery Park, and I can see how it has motivated and engaged the local community in conservation.

"The park is a unique space that offers beautiful nature walks, a chance to see a diversity of species in their natural habitat, and is an invaluable educational resource for thousands of local school children."

Kenneth Greenway (left) receives the grant from Billy Dove, chairman of the City Bridge Trust

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Judgements based on age not ability

"Ageism affects us all throughout our lives. Strangers, bosses, even family members make judgements about us based on our age, not our ability or potential. That's why we want to bin it."

SUSAN LANGFORD, DIRECTOR AND FOUNDER OF MAGIC ME

Save on bills

Find out how you can save on your energy bills by joining power co-op.

News

HIV test offered to patients

SERIOUSLY ill patients being treated at Barts Health hospitals – including the Royal London in Whitechapel and London Chest in Bethnal Green – will be offered an HIV test as part of their routine care.

Doctors are testing patients in an effort to ensure early diagnosis and the prevention of the virus spreading.

It follows a successful six-month pilot from October 2012 at the Royal London when all patients in the adult critical care unit were offered the opportunity to have their blood tested for HIV.

Out of the 899 adults on the unit, 465 agreed to the test and three individuals, who were found to be HIV-positive, have now started treatment.

The results showed a rate of HIV in patients at six per 1,000 individuals, consistent with the prevalence of HIV in Tower Hamlets at 6.25 per 1,000, one of the highest in the country.

Dr Chloe Orkin, consultant in HIV medicine, explained: "Having undiagnosed HIV is a threat to health, but on critical care the stakes are even higher. Patients on the intensive care unit are the sickest in the hospital and rapid diagnosis of relevant health problems is critical to their survival.

"As people will already be having their blood tested on the adult critical care unit, it means just one more test that could help save their life and also prevent onward transmission to partners."

Coach Chris to carry the Queen's baton

Athletics stalwart honoured in Commonwealth Games

BY JESSICA ODUBAYO

BOW athletics coach Chris Zah has been named as one of 12 Londoners who will play a central role in the Commonwealth Games Queen's Baton Relay next month.

Chris, who has been coaching in Tower Hamlets for more than a decade, was nominated to carry the baton during festivities at the Queen Elizabeth Olympic Park on the weekend of June 7 and 8.

As well as training Bow runner Perri Shakes-Drayton, who took part in the London 2012 Olympics, Chris hopes some of his other athletes will compete at the Commonwealth Games in Glasgow in July and August.

Chris, who trains at Mile End Stadium and has lived in Bow for more than 30 years, said: "I am very much honoured to have been chosen in recognition of my work with athletes and young people in the borough."

He coaches more than 20 athletes ranging from recreational runners to local club level and international competitors.

People from other sports have sought Chris' skills as a coach. The former member of Victoria Park Harriers and Tower Hamlets Athletics Club also mentors fellow coaches.

Chris Zah at Mile End Stadium last Friday

Dame Kelly Holmes, president of Commonwealth Games England, said: "Our baton bearers are going to play a crucial part.

"They have been selected due to their passion for sport and the way in which they share this with their communities."

To celebrate the arrival of the relay, a festival of sport will be held at Queen Elizabeth Olympic Park on Sunday, June 8.

There will be more than 30 sports and activities, from football and Frisbee games, to fitness boot camps, dance workshops and mini cricket, as well as wheelchair basketball.

The baton has so far visited 64 of the 70 Commonwealth nations and arrives in the UK this Tuesday, May 20, ahead of a four-day tour in Northern Ireland and a week in Wales. It will return to England on May 31.

News in brief

LGBT appointment

A SPITALFIELDS resident has been appointed the new chair of the LGBT section of the British Humanist Association.

Richard Unwin's appointment was made at the annual meeting of Galha LGBT Humanists earlier this month.

The organisation campaigns for equality and diversity, particularly relating to sexual orientation and identity – both in the UK and internationally.

Mr Unwin said he was honoured by the appointment: "I want the voices of LGBT humanism to be even louder and I want to make sure that they get heard."

Visit **www.galha.org** for further information.

Tower Tudor fest

FAMILIES are invited to head to the Tower of London this bank holiday weekend, for Tudor festival fun.

In 1533, the Tower was preparing for the social event of the year – celebrations to mark the coronation of the newly wed Anne Boleyn to King Henry VIII.

Visitors can step back into history and re-visit the moment, meet the happy royal couple, listen to musicians practising for the musical procession and enjoy the antics of the king's jester.

Visit the pop up palace and learn about Tudor life through live interpretation and a hands-on history zone.

The festival runs from May 24-26, 10.30am-4.30pm each day. For details visit **www.hrp.org.uk**

Youth group has Grand Designs on new home

REPRESENTATIVES of a youth intervention charity gained inspiration for the possible development of a new site when they visited a home interiors and design exhibition at the ExCel Centre, Royal Victoria Dock.

Streets of Growth is based in a converted factory in Poplar which young people have transformed into office and workshop space, mainly using reclaimed materials.

But the factory building is earmarked for demolition later this year, and the charity is looking for a new home or land where they can build an enterprise and regeneration academy.

Their quest took them to the Grand Designs Live show earlier this month where they had a display stand and had a chance to meet TV designer and presenter Kevin McCloud.

Streets of Growth founder Darren Way said Kevin was impressed with the charity's work and with the way young people are being given opportunities to turn their lives around and build a legacy.

"To have an acknowledgement from a figure such as Kevin means so much to us. It highlights that we are on the right track in improving the way those leading regeneration better involve teenagers in their own neighbourhood's futures," Darren said.

Anyone who can help Streets of Growth to find a new home should email Darren Way at **darren@streetsofgrowth.org**

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Unknown quantity

There are known to be 17,000 younger dementia sufferers in the UK but the true figure may be three times higher.

SEE BELOW

Deterioration over time

Dementia symptoms may include memory loss and difficulties with thinking, problem-solving or language. These changes are often small to start with, but can become extremely severe.

WWW.ALZHEIMERS.ORG.UK

News

Help and advice on dementia

The council, the NHS and Alzheimer's Society Tower Hamlets are encouraging anyone who is concerned about dementia to openly talk about the subject, as **Anna Wilson** reports.

TALK about it don't 'bottle it up' – that is the message for this year's Dementia Awareness Week from May 18-24.

A series of outreach sessions are being organised to support residents and raise awareness of the condition.

Dementia mainly affects the over-65s but it can affect younger people.

In Tower Hamlets, it is estimated that there are 1,165 people with dementia and there could be a significant number who have not yet been diagnosed.

The number of people diagnosed with dementia locally has increased by 17 per cent over the past four years as a result of close working between the council, the NHS, the Alzheimer's Society and other voluntary sector and social care partners.

Dr Somen Banerjee, director of Public Health at the council, said: "Our successes have been a result of working with community organisations to ensure residents know about the various services available.

"Diagnosis is important, as it enables people with dementia and their families to understand what is happening and to access services and support."

Alzheimer's Society Tower Hamlets will be hosting outreach stalls across various venues during this week.

Services manager Bill Gibbons said: "This year in particular, we are aiming to reach anyone who has an immediate and serious concern about dementia – either they themselves may be affected or they may be concerned about a family member or friend.

"We want to hear from anyone who has questions, wants to find out more, or just wants to talk about it. We really are here to help."

Public Health England is also leading the Dementia Friends campaign with the society – for details visit **www.dementiafriends.org.uk** and search with your postcode for a group near you.

For more information visit **www.alzheimers.org.uk/dementiaawarenessweek**

For more information on local dementia services contact Alzheimer's Society Tower Hamlets on 8121 5626, **towerhamlets@alzheimers.org.uk** or visit **www.alzheimers.org.uk**

Dementia Awareness Week Activities:

- Mon, May 19. 11am-3pm – stall at Mile End Hospital, Bancroft Road, E1
- Tues, May 20. 10am-1pm – stall at Mile End Hospital; 11am-2pm – stall at Idea Store Chrisp Street, Vesey Path, E14
- Weds, May 21. 11am-2pm – stalls at Idea Store Chrisp Street and Idea Store Whitechapel, 321 Whitechapel Road, E1
- Thurs, May 22. 10am-noon – talk for over-50s group at Cubitt Town Library, Strattondale Street, E14; 11am-2pm – stall at Idea Store Whitechapel.

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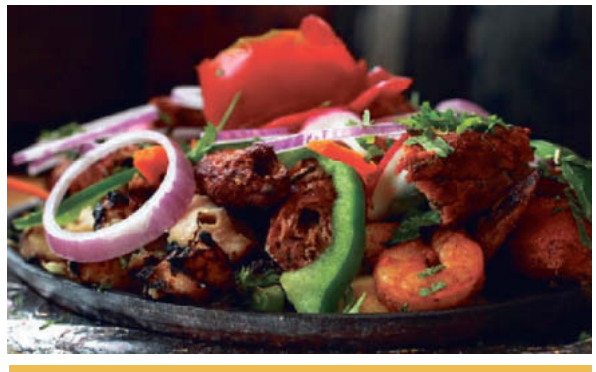

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Don't miss the deadline

Completed postal votes must be received by the returning officer by 10pm on Thursday, May 22. If you have already applied for a postal vote, you cannot vote in person at a polling station.

WWW.TOWERHAMLETS.GOV.UK/VOTE

Open until late

Polling stations will be open around the borough from 7am to 10pm – the address should be on your polling card.

SEE BELOW

Voting is under way for this week's mayoral, council and European polls

Postal votes being opened at the Town Hall last week

Election begins as postal votes arrive

BY STAFF REPORTER

POSTAL votes started to arrive at the Town Hall in Poplar last week as voting gets under way for the elections taking place this Thursday, May 22.

Stringent security checks are being carried out, with every postal voting statement scanned to ensure the signature and date of birth match those on the original application in council records.

All postal votes – whether they are sent in advance to the Town Hall or taken to a polling station on election day – will be treated in the same way and thoroughly checked by council staff. If any of the personal identifiers do not match, then the vote is rejected.

Just under 30,000 postal votes have been issued for these elections and council staff began opening them on Monday, May 12 – 3,500 were received last Tuesday alone.

The process of checking will continue right up until election night but the votes will not be counted until Friday, May 23.

John Williams, returning officer for Tower Hamlets, said: "We want to encourage people to use their democratic right to vote.

"Postal votes are a legitimate way of ensuring those who cannot get to polling stations can have their voice and choice heard.

"But we are also determined to tackle fraud robustly, which is why we have been working closely with the police and the Electoral Commission to maintain the integrity of the elections."

The elections in Tower Hamlets will be the most complex to date, but will have the strongest system in London to prevent fraud – and one of the most robust in the country.

A local protocol to establish trust in the system was launched by the council with the main stakeholders involved in the election, including the local and Metropolitan police.

Three polls to have a say

ELECTION day is this Thursday, May 22 and there are three polls – for the mayor of Tower Hamlets, for 45 members of the council and for eight London members of the European Parliament.

There will be three ballot papers – a peach-coloured paper listing the ten candidates for the mayoral election; a yellow paper for the council candidates; and a white paper for the European election.

A total of 204 candidates are standing to the council, which now has 20 wards after a review by the Local Government Boundary Commission for England.

Polling stations will open from 7am to 10pm on Thursday but the changes to wards may mean your local polling station has changed.

To find which ward you are in or to check on your polling station, use the postcode checker at **www.towerhamlets.gov.uk/vote**

The votes for the mayoral and council elections will be counted this Friday, May 23. Those for the European election will be counted on May 25.

New safeguards

AMONG the tough safeguards in place to ensure everyone can be confident of free and fair elections are:

- **Police will be based at all polling stations on election day and a mobile police team will respond as necessary.**
- **Police will prevent large groups of supporters congregating around polling stations and obstructing voters. There will be a limit on numbers of activists who can gather outside.**
- **A direct dedicated email address has been set up for agents and candidates to report any concerns.**
- **Allegations made to the returning officer will be investigated fully and responded to within 24 hours. If he passes an allegation to the police, they will respond within 48 hours.**
- **Extra training has been given to polling officers on challenging voters they have suspicions about.**
- **At the beginning of March, letters were sent to every property in the borough confirming who was then currently registered at the property.**
- **All late registration and absent vote applications will be verified against other council records.**
- **Election officers have increased the number of visits they make to check properties.**
- **Party campaigners are discouraged from handling postal votes and assisting with the completion of ballot papers.**

News in brief

Ship-shaped fun

VISITORS to the Tower of London can enjoy a centuries-old ceremony this Friday, May 23.

German naval ship FGS Niedersachsen will take part in the Constable's Dues, which dates back to the 14th century and is related to the Crown's authority over the City of London.

The Constable of the Tower, General the Lord Dannatt, will be presented with a barrel of wine to mark the occasion.

Doggy fundraiser

DOGS and their owners are being invited to take part in a sponsored walk to raise funds for the Guide Dogs charity.

It takes place on Saturday, June 14 at Queen Elizabeth Olympic Park.

To register, call 0845 6006787 or visit **www.guidedogs.org.uk/dogs-unite**

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Someone to turn to

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CALL 7515 7534

Immigration status and healthcare

"Patients who visit our clinic have often escaped trauma or have been trafficked into the UK. People shouldn't be asked about their immigration status when they visit a GP."

PHIL MURWILL, BELOW

News feature

'They know they can trust us'

BY JESSICA ODUBAYO

Meet the doctors providing healthcare to vulnerable refugees

REFUGEES and migrants fleeing persecution, war and conflict often have many other issues to contend with.

Fear, hostility, insecurity, impoverishment, homelessness and a real prospect of falling victim to traffickers are just some of the challenges people face.

Add poor health and not being able to see a doctor to the situation and it compounds the problems even more.

A unique project in Bethnal Green is helping to alleviate this, by providing a free, confidential, drop-in clinic for vulnerable migrants, asylum seekers, people who have overstayed their visa and undocumented individuals.

Staff and volunteers from the international healthcare charity Doctors of the World run the clinic. They also provide an advocacy programme which gives essential, basic, medical care, information and practical support to vulnerable patients, who are often unable or afraid to access mainstream health services or have no idea they are entitled to help.

Doctors of the World programme officer Phil Murwill said the project – the only one of its kind in the UK – sees anyone who walks in.

"Data from 2007 shows that one in five people have been too afraid of being arrested or detained to visit a GP or seek health care services," Phil told East End Life.

"Patients who visit our clinic have often escaped trauma or have been trafficked into the UK. They know they can trust us. We see visitors and link them to the right services. People shouldn't be asked about their immigration status or be discriminated against when they visit a GP."

A team of clinicians and support workers welcome patients, give them a basic health check and a prescription, where necessary, and link them with appropriate specialist services.

Many women seen at the clinic are heavily pregnant – sometimes up to 40 weeks – and have received no antenatal care.

Phil says the statistics contradict the notion that the UK health system is widely abused by so-called health tourists.

"We don't see any evidence of health tourism on a large scale. We see that people, including pregnant women who are close to full term, are being turned away from public health services," he said.

Jenny Kay, a GP who has volunteered at the clinic for 18 months, said she has come across patients with great need and terrible stories.

"I want to use my skills to offer reassurance and help to those who are depressed by their circumstances," the doctor told East End Life.

On a positive note, Jenny said it is encouraging and uplifting to see former patients whose lives have been turned around.

AnnaSophia Gallagher is a volunteer caseworker who sees patients and directs them to social support services such as agencies that tackle isolation, debt or discrimination.

"I like the work because it is practical and can quickly make a big difference to an individual's quality of life.

"I meet people from all over the world and have heard some interesting as well as awful stories," said AnnaSophia, who has a Masters degree in public health.

The Doctors of the World clinic is based at Praxis in Pott Street, Bethnal Green.

The drop-in service is open from 1-5pm on Mondays, Wednesdays and Fridays.

A drop-in list opens at 11am and, as the clinic operates on a first come, first served basis, once the list is full, staff and volunteers are unable to see more people.

Contact the clinic advice line on 7515 7534 from 10am-12noon, Monday to Friday, or email **clinic@doctorsoftheworld.org.uk**

(Right) Volunteer AnnaSophia Gallagher

GP Jenny Kay

'I would not be standing here now'

Rebecca's story

"I had serious stomach pains. I tried to register with a GP but they wanted my passport, driving licence and all these other documents I couldn't give them.

"I didn't want anybody reporting me to the authorities so I kept it to myself.

"I ended up self-medicating on painkillers from the supermarket.

"I eventually called Doctors of the World's clinic and they referred me to a hospital where I was diagnosed with a blood clot. If it wasn't for them I would not be standing here now.

"Good health is more important than money or food. Health comes before everything."

Four-year facelift

The High Street 2012: Building Conservation Scheme is a seven-phase scheme, executed over four years, to improve street frontages along the A11 corridor from Aldgate to Bromley-by-Bow.

SEE BELOW

Ready for Crossrail

The High Street 2012 scheme has secured the long-term future of the historic buildings in the area.

SEE BELOW

Could you qualify for tax credits?

RESIDENTS are being reminded to check they are receiving all the benefits to which they are entitled.

Be Aware, a campaign by national charity Turn2Us which is supported by the council, aims to highlight that people who are working but on a low income may qualify for benefits and tax credits to help top up their income.

The Joseph Rowntree Trust found that 85 per cent of working families who currently claim benefits said it helped them with housing costs and bills.

The council is working with national and local advice agencies to provide advice to residents and to encourage everyone to check what financial support they could be entitled to.

Further information and a list of local advice agencies can be accessed at **www.towerhamlets.gov.uk/benefits**

You may also be eligible for housing benefit or council tax support to help with your rent or council tax if you are on low income. Call 7364 5001.

Before and after – looking west along 82-124 Mile End Road, and 65a-69 Whitechapel High Street

PHOTOS Dennis Gilbert Photography and Julian Harrap Architects

Top award for street makeover

BY LARAINE CLAY

SEVENTY high street frontages restored as part of a regeneration scheme for the London 2012 Games have won a top award for architectural excellence.

The work, carried out on buildings along the A11 from Aldgate to Bromley-by-Bow, known as High Street 2012, has won a RIBA London Region award.

The ambitious conservation project was carried out by the council working with English Heritage and the Greater London Authority, who appointed historic buildings specialists Julian Harrap Architects to restore the buildings to their original glory.

Before the makeover, historic features had been covered over with modern aluminium fittings and external security shutters, while strip lighting obscured much of the charm and elegance of the original buildings. On many of the buildings the upper storeys over the shops were neglected and dilapidated.

Missing architectural elements such as cornices, moulded window surrounds, sash windows and other decorative features have also been replaced.

New shopfronts, modelled on the original timber-framed designs, have been installed, along with original fascias, hand written signage and traditional Victorian awnings. However, flexibility has been built into the designs, so they are suitable for future commercial use.

Sean Buick, the project architect for Julian Harrap Architects, said: "We are delighted with this RIBA award.

"Our aim was to transform perceptions of the area, encourage positive change and stimulate investment.

"The High Street 2012 project is set to become a benchmark for other High Street regeneration schemes.

"This award pays tribute to quality of the work that has gone into it."

The work began in October 2010 and is due to finish in June 2014.

A FREE music project for families with children of all ages to create their own music and songs is running throughout the summer.

Musical Beacons holds sessions during the summer school term on Tuesday evenings and will also be running a summer school from August 18-22.

You don't need to own an instrument as you can use an array of drums, ukuleles, balafons and percussion instruments – anyone with their own instrument is welcome to take it along. The budding musicians will also get to perform their work during the summer.

The project, which is supported by Youth Music and Arts Council England, runs on Tuesdays from 4.15-5.30pm throughout June and July, and the summer school sessions run from 10am-1pm. All are held at The Centre, Merchant Street, Bow. Email Gail@soundcastle.co.uk or call 07840 524968 for more details.

supporting care

Supporting Care offers a care at home service, tailored to suit each of our individual client's needs. Supporting Care provides the highest quality homecare to vulnerable and elderly clients, providing support for them as well as their friends and families. We like to work in partnership with our clients, and their carers as we believe this is a two way process. There are times in our lives when we may require some help with our day to day living. This can simply be following a stay in hospital, help on a long term basis due to general ill health, disability or lack of mobility. Supporting Care aims to enable you to maintain and retain your independence while at the same time living in the comfort of your own home in surroundings that you are familiar with. We aim to provide assistance and support so that you may continue to live your life the way you choose.

What we offer:
- We provide a care package tailored to suit your individual needs, allowing you to continue with your regular routine.
- We provide a no obligation initial assessment at your home or hospital.
- We provide 24 hour live in care, covering companionship, palliative care, either on a long term or respite basis.
- We specialise in continuity of care and aim not to change carers.
- 24 hour peace of mind knowing that you have someone caring for you and assisting you when you need it, in the comfort of your own home.
- All our care workers have an Enhanced Disclosure and Barring Service (DBS) check and are fully referenced.

Our values are straight forward:
- We care for you with dignity and discretion
- We aim to help enrich your quality of life
- We encourage independence
- We respect your feelings

Thank you for considering us as a partner in your journey. We are registered with the Care Quality Commission.

Call us now to see how we can help:
020 7538 1010
- www.supportingcare.co.uk
- info@supportingcare.co.uk
- 1 Wigram House, Wades Place Poplar, London, E14 0DA

INVESTORS IN PEOPLE
POSITIVE ABOUT DISABLED PEOPLE

TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 16 & 17

Get involved with council training

Real

The council wants to involve local disabled people in training their social workers. Real will be running a training session on May 23 at 10.30m, at Jack Dash House on the Isle of Dogs.

SEE BELOW

Useful information

If you don't like it, help change it

News from disability organisation Real

IN our last article, we told you about Local Voices. This is your chance to influence issues that affect local disabled people and people with long-term health conditions.

The project is going from strength to strength with more people getting involved all the time. Here's what's been happening, and what's coming up.

To get more information on anything below, or to join the Local Voices network, visit **www.real.org.uk/localvoices** call Rob Johnson on 7001 2176 or email **voices@real.org.uk**

Welfare benefits and reform

ON May 12, we held a public meeting in the community room in Asda on the Isle of Dogs. Over 30 people were involved, talking about and getting information, advice and support on:

- benefit and the spare room subsidy
- managing your money
- Disability Living Allowance (DLA) and the switch to Personal Independence Payments (PIP)
- Employment Support Allowance and ATOS assessments.

We will be running two more in June, and the events will be accessible for people with different disabilities. Let us know if you want to come along.

Making transport & our environment more accessible

THIS group has been supporting disabled people to raise access issues with Transport for London (TfL), including communicating using a special card to let bus drivers know your needs, and problems with request bus stops.

TfL have been responding to us as well, so getting involved does make a difference.

We've also set up a new service to help you report problems with local transport, pavements and road surfaces. We've started visiting community groups to spread the word – let us know if you want us to visit your group.

Also let us know if you want to get involved in:

- Mystery tripper journeys on local public transport
- Reviewing and commenting on major redevelopment projects in the borough.

Social care

THE council wants to involve disabled people in training their social work staff to understand what it's really like to be disabled in Tower Hamlets.

We will be running a forum theatre training session on Thursday, May 23 at 10.30am at Jack Dash House. This is a chance to find out more about this fun way to teach others using examples from your life. Call Rob (see left) before Monday, May 19 for more information.

Ways you can be involved

TO have your say on any of these topics, now or in the future, the best way is to join the Local Voices network.

You can do that by contacting Real. It's free and anyone can join. And you can do as little or as much as you want. Once you're on the list we can then let you know directly what's coming up, so you won't miss out.

Local Voices is run by a steering committee, made up of people from Tower Hamlets who are disabled or have long-term health conditions.

Being on the steering committee can be really rewarding and we will give you guidance and support to develop skills to help you do this. We are looking for new steering committee members to join the existing team.

Contact Rob to find out more.

Mike Smith,
chief executive, Real

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 (or 25 for those with additional needs) including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group
Last Thurs of each month, 8pm. 31 Ridgdale Street, E3.
8981 1159

Parents Advice Centre (PAC)
Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.
7364 6489

LinkAge Plus
Toynbee Hall is one of five network centres that co-ordinates services and activities provided. Mon-Fri from 9am-5pm, drop- in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737
www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House, 104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment and evening legal advice sessions).
214 Whitechapel Road, E1.
7247 8998
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt line
0808 808 4000
www.nationaldebtline.co.uk

Step Change Debt Charity
0800 138 111
www.stepchange.org

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

Issue no. **Page no.**

Be One Step Ahead

Information and advice on everything from cutting down home costs to where to go for help and with money management and debt problems will be available at a workshop this week.

DETAILS BELOW

Flower power

Enter your beautiful blooms for the council's annual gardening competition. The closing date is June 8.

SEE BELOW

News

Cash in on some top financial tips

THE latest workshop giving tips and resources to help you make your money go further takes place this week.

The One Step Ahead workshops are delivered by expert trainers to give advice on everything from cutting costs to how to manage your money when moving into a home.

Trainer Sabrina Pathan said: "Everyone will learn something useful or new during our bite-sized workshops – and we will empower you to make good decisions about your money."

The workshops last two to three hours and are currently held twice a month at Housing Options, Albert Jacob House, 62 Roman Road, Bethnal Green.

The next one is on Thursday, May 22 from 9.30am-12.30pm with light breakfast and goody bags provided.

Anyone interested in joining a workshop or who knows someone who might be, email **Sabrina.Pathan@toynbeehall.org.uk** or call 07903 810127.

Visit the new website **www.fith.org.uk** for more dates as well as more information, tips and resources to make your money go further.

A TRIP to Brazil is the prize on offer for 12 young artists in the 2014 Create & Inspire art competition.

The theme of this year's competition – The World is not Black and White – is inspired by the Qatar Brazil 2014 Year of Culture, a cultural exchange programme between countries.

The competition identifies talented young artists in the UK and the Gulf. In Britain, the initiative is run by the Crossways Foundation and last month artists were able to find out more about the competition at the Mile End Community Project.

Nurull Islam, co-director of Mile End Community Project, said: "I hope that someone from Tower Hamlets wins this competition. It will no doubt be a life-changing experience for them."

To find out more and to apply online, go to www.create-inspire.org.

The deadline for submissions is Thursday, June 12.

Pit your blooms against the best

BY SHALINA HUSSAIN

KEEN gardeners have the chance to show off their horticultural skills by entering the 2014 Tower Hamlets in Bloom competition.

From balconies, community gardens and allotments to patios, businesses and schools, the competition is open to anyone who makes the most of open spaces.

Organised by the council, the competition is part of a nationwide scheme to encourage people to become interested in plants, wildlife and the environment.

The competition inspires residents to make the most of green spaces and to turn even the smallest garden into an idyllic haven.

The Tower Hamlets in Bloom competition has been running since 1971 and is not just for experienced gardeners but for schools, community organisations and novice gardeners alike.

Last year the competition received great interest with more than 100 entries submitted.

The winners were invited to an awards ceremony at the Ecology Pavilion in Mile End Park to toast their success.

Tower Hamlets in Bloom is broken down into different gardening categories and is open to residents, businesses, community groups and schools.

To enter the competition, simply fill in the form right (in block capitals and including your post code) before the closing date of Sunday, June 8 and send to Keith Woodard, Mile End Park Children's Playground, Locksley Street, London, E14 7EJ.

The competition will be judged throughout late June and early July.

Please note that all entries must be visible or accessible to the passing public, except for the allotment, wildlife-friendly garden and the educational establishment categories.

For more information contact Keith Woodard on 7364 7459 or email **keith.woodard@towerhamlets.gov.uk**

Tower Hamlets in Bloom
Entry form

Name:.....

Address:.....

Email:.....

Tel/Mob:.....

Categories – **maximum 2 categories per entrant**

- ❑ **Best allotment** (traditional growing site)
- ❑ **Best community growing site** (community-led growing site)
- ❑ **Best patio / container garden** (paved recreational area enhanced with containers)
- ❑ **Best communal residential garden** (a garden maintained by residents of the site)
- ❑ **Best community garden** (community led open space)
- ❑ **Best education establishment** (eg schools, youth projects etc)
- ❑ **Best children's garden** (space maintained by children only)
- ❑ **Best wildlife friendly garden** (offers great biodiversity quality)
- ❑ **Best public house, restaurant, cafés and other business premises**
- ❑ **Best front garden** (visible for passing members of the public)
- ❑ **Special award for best newcomer** (judged across all categories).

Please return this form to Keith Woodard, Parks & Open Spaces, Mile End Park Children's Playground, Locksley Street, E14 7EJ, by Sunday, June 8.

On the Map

Anyone in Tower Hamlets who has a learning disability can get involved in the Map Squad.

WWW.MAPSQUAD.ORG

Helping young people into jobs

Last year, City Gateway helped more than 2,000 people on to its pre-employment training and 234 unemployed young people into apprenticeships.

CITY GATEWAY

WWW.CITYGATEWAY.ORG.UK

News

THE Map Squad, a community organisation for adults with learning disabilities, started its summer learning and skills programme with drop-in taster sessions offering activities such as Tai Chi (pictured) and DJ skills.
The organisation, based at the Montefiore Centre in Hanbury Street, Whitechapel, also runs courses in IT and video jockey (VJ) skills.
For further information, or to sign up, call 7247 3030 or email office@mapsquad.org

£250,000 boost for youth charity

BY JESSICA ODUBAYO

A YOUTH charity dedicated to supporting excluded young people has been given £250,000 funding and management advice to help support its work.

City Gateway, based at Canary Wharf, helps women and young people overcome obstacles, such as poor language levels and low skill levels, to gain employment.

It provides apprenticeships with more than 120 corporate partners or via its own social enterprises, and its results for apprenticeship completion and progression into employment are significantly better than the national average.

The Private Equity Foundation (Impetus-PEF) is to provide City Gateway with a combination of long-term funding and advice, including detailed guidance on governance, IT and finance.

Eddie Stride, chief executive of City Gateway, said: "We've been tackling youth unemployment for 15 years. Impetus-PEF's investment will help us improve what we do and lay the vital foundations for future sustainable growth, enabling us to bring hope to thousands more Londoners."

Impetus-PEF chief executive Daniela Barone Soares said: "The UK labour market has changed dramatically over the last 20 years and many young people have been left behind as a result. In places like Tower Hamlets, it's not so much lack of jobs that's the problem, but lack of qualifications and work readiness – being able to demonstrate from day one the skills and personal qualities employers now expect.

"With Impetus-PEF's proven combination of support and resources, City Gateway will be able to help even more young people find and keep jobs."

VEOLIA ENVIRONMENTAL SERVICES

Working in Partnership for Cleaner and Safer Streets

TOWER HAMLETS

DOMESTIC, TRADE WASTE AND RECYCLING COLLECTIONS
SPRING BANK HOLIDAY MONDAY 26TH MAY 2014

Over the Bank Holiday period there will be changes to your normal collection arrangements.

Your waste, recycling, food and garden waste collections will be affected.

NORMAL COLLECTION DAY	REVISED COLLECTION DAY
Monday 26th May 2014	Tuesday 27th May 2014
Tuesday 27th May 2014	Wednesday 28th May 2014
Wednesday 28th May 2014	Thursday 29th May 2014
Thursday 29th May 2014	Friday 30th May 2014
Friday 30th May 2014	Saturday 31st May 2014

Please ensure your waste and recycling (including food and garden waste) is available for collection before 7.00am
Normal collections resume on Monday 2nd June 2014

recycle for London

TOWER HAMLETS CAN RECYCLE MORE!
www.towerhamlets.gov.uk

Fun and fitness go hand in hand

"GO Run For Fun aims to help children get more exercise and have fun at the same time. Initiatives like GO Run For Fun can help us achieve our long-term vision of a fitter nation."

LORD COE (LEFT)

Fashion favourite

The majority of Morpeth pupils on the Passport to Employability programme enjoyed the fashion workshop.

SEE BELOW

VOLLEYBALL playing pupils from Tower Hamlets got into the World Cup spirit while showing they can be winners too.
The Year 8 girls from Central Foundation Girls School in Bow, runners-up in the under-15 London Youth Games volleyball competition at University of East London Sportsdock, proudly showed off their new shirts incorporating the colours of World Cup soccer hosts Brazil. The girls – Noelle Guernam, Faria Rahman, Huda Jama, Mariyah Mahmood and Runa Nasmin – are pictured with Team GB volleyball player Rachel Laybourne.

Bankers share secrets of workplace success

BY LARAINE CLAY

PUPILS from Morpeth School in Bethnal Green have celebrated the successful conclusion of an employability skills programme.

Forty pupils, many of whom have special educational needs, took part in the Passport to Employability programme run by the Tower Hamlets Education Business Partnership.

Over the course of this academic year, they took part in a series of workshops and activities, supported by volunteers from the Royal Bank of Scotland (RBS) who taught them about team work, time management and communication.

The pupils also learnt practical tasks such as writing CVs and interview techniques.

RBS volunteers Mitul Patel (left) and Tiffany Yu with pupils Jamie Naulls, Adrian Campbell and Nayeem Miah

By completing the course, all of the group have gained an accredited BTEC level 2 qualification in work skills.

The celebration took place at the RBS offices in Bishopsgate, where the pupils were re-united with some of their volunteers and presented with certificates.

The pupils feel they have benefited from the insight they gained into the world of work.

Kaltun Farah said: "We have learned that you have to communicate with your team mates so that you can get along with them. You also need to have a good personal image to give others a good first impression."

David Noden from RBS, who took part in one of the workshops earlier this year, said: "I have definitely noticed a difference from when I met them originally and now. They are a lot more open and able to engage in conversation."

This is the third year RBS has worked with Morpeth.

Caroline Edwards, head of sustainability at RBS Markets & International Banking, who presented the certificates, told the pupils: "We are very proud of our association with Morpeth.

"Our volunteers enjoy coming to the school to take part in the workshops with you. It means a lot to them to be able to help you develop your skills, talk to you about the types of careers you might want to have, and listen to your perspectives on work and life."

Pupils go for 2km run

PUPILS from Tower Hamlets were among hundreds of youngsters who completed a 2km run at Queen Elizabeth Park.

The run was held to celebrate the launch of a new charity which encourages five- to ten-year-olds to run.

Lord Coe, chair of the London Organising Committee of the Olympic and Paralympic Games, led celebrations for the launch of the GO Run for Fun Foundation, alongside fellow Olympians Brendan Foster and Sharron Davies.

Every child who took part in the run received a medal.

SUPERHEROES from Blue Gate Fields Infant School in Shadwell trooped out of their classrooms and walked around their neighbourhood as part of a sponsored walk to raise money for various charities.
The fun event was also aimed at educating young children about the benefits of exercise and sport.
Parents helped to make costumes and also took part in the walk.
Members of the public donated money and firefighters at Shadwell sounded their sirens as the heroes walked past.
The school raised a total of £600 for charities including Save the Children and Sport Relief.

Chef-fresh food at Ian Mikardo

THE arrival of a chef at Ian Mikardo High School in Bromley-by-Bow means breakfasts and lunches are now cooked to order on site every day.

Students kicked off the new term with a choice of barbecue chicken, vegetable hot pot or jacket potatoes, served with peas and a choice of salads.

The school has already achieved the Healthy Schools Award after cutting out sugary snacks, cereals and food high in artificial ingredients, but wanted to further improve the quality of meals.

Kevin Wildrianne, the school's healthy lifestyles co-ordinator, said: "Children who eat better, learn better and we want our students to have good quality, wholesome food all the time.

"The boys will benefit not just from eating food prepared from fresh ingredients, and understanding why this is good for them, but from seeing cooking skills being used in our kitchen every day. We hope the presence of our own chef will encourage some of them to think about catering as a career."

The school's new catering provider is Kent-based Principals, which guarantees none of its meals are frozen or imported.

Fighting cruelty

Children's charity the NSPCC has been campaigning to end child cruelty since it was founded in 1884.

WWW.NSPCC.ORG.UK

Raising funds for a second chopper

London's Air Ambulance, the charity that carries an advanced trauma team to critically injured people, is fundraising for a second helicopter and extended daylight flying hours. Visit...

WWW.LONDONSAIRAMBULANCE.CO.UK/DONATE

News in brief

Treadmill challenge raises £500

STAFF and customers at Sainsbury's in Whitechapel raised £500 for Bowel & Cancer Research with a treadmill challenge.

The machine was in action all day, and the store hit its target distance of 26 miles at 5.50pm.

The fundraising event was part of the charity's Big Bum-ble campaign, aimed at getting people off their bottoms to improve their fitness and raise money for research.

Bowel cancer is the third most common cancer in the UK.

Micky Forster from Bowel & Cancer Research, based in Whitechapel, thanked Sainsbury's for their efforts.

"It was wonderful to have so many staff and customers join in. We attracted interest from many people of different backgrounds and ages, from five to 75," she said.

"While we don't know exactly why, new evidence suggests that lack of exercise and being overweight are major risk factors in the development of bowel cancer, so it makes sense to try and keep as fit as possible."

Walk don't run

SEASONED runner Emdad Rahman is taking part in the BUPA 10,000 race on Sunday, May 25 to raise money for London's Air Ambulance.

But this time he is more likely to walk the route rather than run it after injuring his Achilles heel in January.

Emdad, an Olympic Torch carrier in 2012, recently returned from a group expedition to climb Mount Snowdon to fund cataract operations in developing countries.

He said: "I may not be able to jog yet as I can't stand fully on my toes but my Snowdon team are also running for the Human Relief cause and I'll be flanked and supported by a few friends.

"I'm determined to complete the BUPA 10,000 so even if I can't run I'm determined to walk it."

To sponsor Emdad, visit **www.justgiving.com/numero7**

Sofia's multiple marathon efforts in aid of the NSPCC

BY PETER FAULKNER

SOFIA Szarka is not the sort of woman to shy away from a challenge. In fact it is something the 28-year-old thrives on.

And on Sunday, May 25 she heads for Scotland to make her debut in the Edinburgh Marathon.

It is her first Edinburgh venture but Sofia, from Devons Road, Bow, has already run the Paris Marathon.

And she has set herself three other tough targets for this summer – the Chase the Sun 200-mile cycle challenge from the Isle of Sheppey in Kent to Brean Sands in Somerset on June 21; the Dunwich Dynamo Sportive night ride from London Fields to Dunwich on the Suffolk Coast (193 kilometres at night and a well-deserved swim at dawn) on July 12; and then the New York Marathon in November.

Sofia (pictured right) aims to raise £1,000 for the NSPCC through her efforts.

And this week, as she winds down her training for Edinburgh, Sofia is appealing to other runners who have secured a place in the race to join her in supporting the NSPCC.

"I decided to take on this challenge on behalf of the NSPCC as it is a cause very close to my heart," she said.

"Every child should be in a safe environment whilst growing up, but unfortunately many are not.

"I myself have a personal connection with this and in these situations it is important that there is someone, somewhere for a child to turn to, like the NSPCC."

Chase the Sun is an annual cycle challenge across the UK on the year's longest day, departing at sunrise from the east coast and aiming to reach the west coast before sunset.

It is a free event, open to all riders inspired to tackle more than 200 miles by bike and enjoy and every minute of the summer solstice.

Money raised for the NSPCC through the Edinburgh Marathon will help to fund the charity's ChildLine schools service, which aims to reach every primary school in the country – including Tower Hamlets – and ensure that children recognise abuse, understand how to protect themselves, and where to go for help if they need it.

To sponsor her, visit **uk.virginmoneygiving.com/sophieMagpie**

The abseilers will enjoy spectacular views across London

Sign up to abseil for air ambulance

RESIDENTS are being given an opportunity to experience the London skyline from a whole new angle and help save lives – by taking part in this year's London Air Ambulance abseil.

Fundraisers will go over the edge and launch themselves from the helipad on the roof of the new Royal London Hospital in Whitechapel – the highest rooftop helipad in Europe.

Abseilers will descend from the building's roof, from 17 storeys up, over four days from June 19-22.

You can sign up to take part at **http://bit.ly/1qmWDzw**

Dr Noorzaman Rashid

New chief for charity

YOUTH charity Futureversity has appointed social entrepreneur Dr Noorzaman Rashid as chair.

Futureversity, based in Spitalfields, covers Tower Hamlets, the City and surrounding boroughs, supporting 11- to 25-year-olds with educational, skills-based courses to help bridge gaps between school, training and employment.

As managing director of Strategies for Change, a technology and management consultancy business, Dr Rashid said he intended to help Futureversity support the development of young people.

A meeting of kindred spirits

Gandhi was in London in 1931 and insisted on meeting Mary. When they met, they simply 'clasped hands, looked at each other and burst at laughing'. Each had recognised a kindred spirit.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

'A friend of all in need'

The Christian socialist who gave up her life to help the poor

BY JOHN RENNIE

SOME blue plaques tell the whole story in one mini-essay. 'Impact site of the first V-1 flying bomb' at the Grove Road railway bridge leaves few questions left to be answered.

And 'This tablet is in memory of Sir Hugh Willoughby, Steven Borough, William Borough, Sir Martin Frobisher and other navigators who, in the latter half of the sixteenth century, set sail from this reach of the River Thames near Ratcliff Cross to explore the Northern Seas,' tells you all you need to know.

Some are brutally to the point. 'Jack 'Kid' Berg: boxer', and 'Hannah Billig: physician' are certainly accurate... but perhaps leave it to the curious sightseer to go away and do their own researches.

Some meanwhile, are simply tantalising.

The plaque on the wall of 71 Vallance Road in Bethnal Green simply says 'Mary Hughes – friend of all in need, lived and worked here, 1926-41'.

The building bears the familiar angled-off corner profile of the repurposed London pub but Hughes was no dispenser of mild-and-bitter or gin-and-lime. Rather, an almost saintly ascetic in the venerable tradition of St Francis or Mohandas Gandhi, (who became a friend).

Mary, of course, had a lot to live up to, with a father who was a byword for Victorian high-minded philanthropy. Thomas Hughes was an inexhaustible exponent of 'muscular Christianity', a barrister and novelist, the author of Tom Brown's Schooldays, and a lifelong campaigner for social justice.

Mary, born in 1860, recalled an incident that occurred in the Browns' Mayfair home when she was just nine.

"I was sitting on a little stool by the fire nursing my doll... Father came in and said, 'Hello, Mary! What are you doing? Nursing a doll? Why, I've just seen a little girl, no older than you, with three babies to look after!'... leaving me feeling quite at the bottom of the class while the girl with three babies and the less advantage was easily at the top."

From that moment, young Mary decided to not simply help the poor, but to share their lives.

At 23, she became housekeeper to her uncle John, Vicar of Longcot in Berkshire, and joined the Board of Guardians for the local workhouse. She was shaken by the way the guardians could sit down for their regular, hearty and wine-fuelled dinners to discuss cutting the bread ration for the inmates.

One of her early and controversial campaigns was to allow the recipients of relief to have tea twice a day rather than once. It's a pre-echo of the battle George Lansbury would have a decade later, when his attempts to ease the regime at the Poplar workhouse led to accusations that he was 'going soft' on the inmates.

The former Dewdrop in Vallance Road and it's blue plaque for Mary Hughes

In 1895, Mary went to live with her sister Lily and her husband Ernest, a clergyman in Whitechapel... she would never leave the East End again.

Now she joined the Stepney Board of Guardians, touring the streets looking for homeless people and trying to find them somewhere to stay.

She would visit the local hospitals, singing and dancing to entertain the patients and, in her guardian role, oversaw the Stepney children's home, where she ensured every child got a birthday card each year.

An eccentric figure to be sure, and Mary was to become even more careless of local opinion as the years went on. In 1912, sister Lily and Ernest were drowned in the wreck of the Titanic (Lily had refused a berth on the last lifeboat).

Now living alone, Mary cast off the few societal fetters she had still observed, wearing the same clothes for years, living on a diet of tea, bread and margarine, and boiled vegetables; the teetotal Hughes drank only cocoa without milk.

In 1915, she moved into Kingsley Hall in Bromley-by-Bow with her friends Doris and Muriel Lester, then in 1917 into a council flat at 40 Blackwall Buildings in Fulborne Street, Whitechapel.

At the end of World War I, she became a Stepney councillor, a justice of the peace, and a Quaker. "Her sincerity burned like a flame nothing can extinguish," said a fellow councillor, and her convictions led her to leave the Labour party for Communism (though she despaired at the movement's rejection of Christianity) in 1926.

That same year, Mary bought a notorious pub in Vallance Road. The Earl Grey was a typical East End boozer. On a Saturday night, the beer flowed. Later on the blood would flow too, and the round-piano singalongs would spill outside, often descending into husbands and wives swapping insults and blows in the street.

Now it became the Dewdrop Inn (a laboured pun, though a welcome refuge for the hard-up, beaten and battered). 'For education and joy' was its motto, and Mary lived there with a small group of helpers, their leader sleeping on a padded bench next to the front door. The bed was often given up for some poor woman who arrived late at night; her supper was often surrendered too, to somebody in greater need, and Mary had long since given up washing.

Riddled with fleas and suffering from bronchitis from sleeping on the stone floor, she was frequently hospitalised. One reporter, visiting in 1936, wrote: "She lives as if Christ were in the house next door. Since 1914 she has worn no hat or gloves. She sleeps on a board. She writes only postcards because they save a halfpenny. Her food is bread, cheese and tea – and if someone else is hungry she doesn't eat at all."

Gandhi, another sometime resident of Kingsley Hall, was in London in 1931, and insisted on meeting her. When they met, they simply "clasped hands, looked at each other and burst at laughing". Words were unnecessary – each had recognised a kindred spirit.

Come 1941 and bombs were raining down on Whitechapel, Bethnal Green and Stepney. Characteristically, Mary refused to leave the Dewdrop Inn and her coterie of 'Inndians'. She was eventually removed to St Peter's Hospital in Vallance Road (which had been the old Whitechapel workhouse), where she died on April 2.

In her will she wrote: "You may recall the longing of we Hughes (who feel rather like the receivers of stolen goods) that this effort may ever be for education and joy at the least noticed, the least well-off people's comfort."

An observer wrote of the Hughes family: "Their name must ever be respectable. They exhibited virtues from which human esteem is as inseparable as the shadow from the substance – a severe adherence to principles, an uncompromising sincerity, individual disinterestedness and consistency." All property, to Mary, was theft, and there she died, having given away all she could.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets. gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

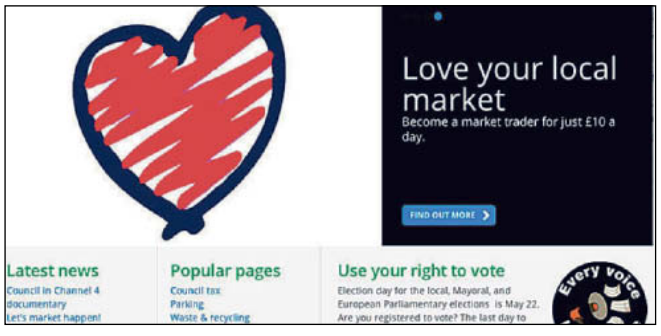
Local authority, mayoral and European Parliamentary elections are being held on Thursday, May 22. Polling stations are open from 7am-10pm.
Details at www.towerhamlets.gov.uk/vote

Wednesday, June 11
7.30pm: Council
For more information call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Tuesday, June 24
7pm: Overview & scrutiny committee
For details call 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, June 25
5.30pm: Cabinet
For more information call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk
7pm: Development committee
For more information call 7364 4877 or email zoe.folley@towerhamlets.gov.uk

Thursday, June 26
6.30pm: Licensing sub-committee
For details call 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk
Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk
For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Save on bills at roadshow

BY MEHREEN HUSSAIN

TOWER Hamlets Council's innovative energy-saving scheme, T.H.E. Community Power, is going on the road to show residents how they can save an average of £166 off their energy bills.

The energy co-op scheme, which was launched in 2012, gives residents access to information and advice on how they can make their homes more energy efficient.

It also helps to ensure they are getting the best value out of their energy providers by joining up with the London-wide switching campaign, the Big London Energy Switch.

Households taking part in the last auction in February saw an average saving of £166 off their annual energy bill.

Using an auction-style system, energy companies are allowed to put forward their most competitive rates, thereby bringing cheaper energy tariffs to anyone who has registered their interest.

The roadshows will take place from 1-5pm on Monday, May 19 at Idea Store Bow, Gladstone Place, Roman Road, E3; Tuesday, May 20 at Roman Road Market, Bow; Tuesday, May 27 at Asda supermarket, East Ferry Road, Isle of Dogs; and Thursday, May 29 at Idea Store Whitechapel, 321 Whitechapel Road, E1.

Staff will be on hand to explain how the scheme works and help residents to sign up to the next auction which is due to take place on Tuesday, June 10 – all are welcome to call in.

Residents can also sign up to the auction by registering up to Monday, June 9, either via the online portal by 11.59pm or by calling freephone 0800 508 8364 by 5pm that day.

To register your interest now, with no obligation to switch your provider, call 0800 508 8364 or go to **www.towerhamlets.gov.uk/energy** for more information.

Planning

E1
6 Edwin Street – reduce crown of large sycamore tree by 2-3 metres.

E2
Charles Dickens House, 130 Mansford Street – installation of 4 x 0.6m microwave dishes, one cabinet and associated equipment on roof.
Bethnal Green Gardens, Cambridge Heath Road – alterations, conversion and change of use of single storey pavilion at NE corner of gardens to café, including introduction of new glazing, hardscape paving, kitchen with extract system and toilet facilities. Application made further to expired planning permission ref PA/11/00371.

E3
115a-117 Roman Road – application to vary and remove conditions of planning permission ref: PA/12/02872, dated 26.6.13 for retrospective application for retention of existing use of the two premises as hotel with 21 bedrooms. Changes sought: internal and external alterations to facilitate creation of five additional hotel bedrooms.

This is not a definitive list of all current planning applications. For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

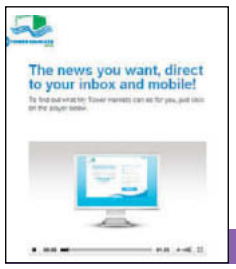
Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

SHARIA-COMPLIANT STUDENT FINANCE CONSULTATION

The UK Government has started an online consultation to find out if there is a demand for student loans without interest.

Students whose religious beliefs may prohibit taking out a loan that incurs interest, may make it harder for those students to go onto university.

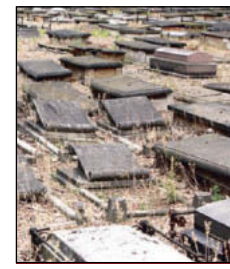
Take part and share your view:
www.gov.uk/government/consultations/sharia-compliant-student-finance



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of the Jewish cemetery at Queen Mary University, E1.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.

Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)

24-hour domestic violence national helpline
0808 2000 247

Haven Whitechapel (sexual assault referral centre)
7247 4787

Karma Nirvana (Honour Network Helpline)
0800 5999 247

Broken Rainbow (LGBT domestic violence)
0845 260 4460

Black Women's Health & Family Support
8980 3503

Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900

Victim Support Tower Hamlets
8555 8254

NSPCC Child Protection Helpline
0800 800 5000

Childline
0800 1111

Shelterline
0808 800 4444

Respect (for perpetrators)
0845 122 8609

Reunite (advice about child abduction)
0116 2556 234

Men's Advice Helpline
0808 8010 327

Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory@towerhamlets.gov.uk

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Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944

সকল পোস্টাল ভোট কঠোরভাবে স্ক্যান করা হবে

আগামী ২২ মে অনুষ্ঠিতব্য নির্বাচনের পোষ্টাল ভোট টাউন হলে আসা শুরু হয়েছে। প্রতিটি পোস্টাল ভোট কঠোরভাবে স্ক্যান করা হচ্ছে। কাউন্সিল রেকর্ডে থাকা মূল আবেদনপত্রে দেয়া স্বাক্ষর ও জন্ম তারিখের সাথে পোস্টাল ভোটের স্ট্যাটমেন্টে দেয়া স্বাক্ষর ও জন্ম তারিখ পুঙ্খানুপুঙ্খভাবে মেলানো হচ্ছে। বিস্তারিত পড়ুন নীচে -

ALL POSTAL VOTES WILL BE THOROUGHLY CHECKED

Harmony

Youngsters playing at the launch of the programme in Langdon Park earlier this month

BARNAAMIJ cusub oo jimicsi ah Axda, looguna talagalay dadka da'adoodu ka weyn tahay ah14 jir ee ku nool Poplar iyo Limehouse ayaa dhawaan xidhiga laga jaray.
Cayaaraha Fit4 ee Axduhu wuxuu ka kooban yahay toban nooc oo kala duwan, kuwaas oo kala ah kubada cagta, badminton, qoob ka cayaar, kubada miiska, xeegada, feedhtanka, orodada, kubada kolayga iyo ragbi, xiisadkastaana qiimaheedu waa £1. Waxaa weliba kooj ka ah, tababarayyaal khibradleh.
Maareeyaha barnaamijka Faruk Miah, ayaa yidhi: "Cayaaruha Axdu waxay ku furan yaan dawaga cayaaraha, haddaad hore u cayaari jirtey iyo haddaad amma aad bilaabaysaba."
Barnaamijkani wuxuu ku siinayaa fursad aad ku heli karto aqoonsi, maalgelin la siiyo rugaha cayaaraha ee bilawga ah islamarkaana waxaad heleysaa kalmo caafimaad.
Cayaaraha Fit4 waxaa isku bahaystay cyaaraha Iglan, kawnsulka, Poplar Harca, iyo Poplar iyo caafimaadka Limehouse. Kala soco wararka ugu danbeeyey cayaaraha Fit4 Twitter: @Fit4SportPL amma Facebook: /Fit4SportPoplarLimehouse

Ha moogan doorashada Khamiista danbe

Don't forget to vote this Thursday – page 5

MAALINTII doorashadu waa Khamiista, bishan Meey 22, waana sedex codaymayn oo kala duwan.

Toban murashax ayaa u tartamayaa jagada meeyarnimada, afarta sanno ee innagu soo fool leh.

Waxaad u codayn karta mar keliya, kaad u dooran lahayd, adiga oo magaciisa hortiisa amaarrad isku talaab ah ku xariiqaya islamarkaana xulistaada labaad kaad u dooran lahayd, adiga oo magaciisa isku talaab ku xariiqaya.

Waajib ma ah in aad u codaysaa mid labaad, laakiin waa khasab in aad aad doorashadaad koowaad aad samaysaa, si uu codkaagu u tiro galo.

Haddii murashax ku guuleysto in ka badan kala badh tirada codadka doorashada, waxaa lagu dhawaaqayaa in uu meeyarka.

Haddii cidi heli weydo tiradaa, labada ugu cod bata doorashada koowaad iyo labaad ayaa gudbaya, kuwa kale oo dhana waa la daadinayaa.

Kadibna murashaxa ugu tirado badan doorashada koowaad iyo ta labaad ayaa noqonaya meeyarka.

Doorashada kawnsulka Tower Hamlets, iyadana waxaa la codbixiye kasta warqad huruud ah oo ay ku qoran yihiin magacyada murashaxiinta aad kala xulaynaysaa. Tirada murashaxiintu waxay ku xidhan tahay tirada jagooyinka kawnsular ee loo tartamayo.

Maadaama ay wax iska bedeleen xuduudaha waadhadhka Tower Hamlets, waxaa immika jira tirooyin kala duwan oo kawnsularis ah oo laga soo doorto waadhadhka kala duwan. Ka raadso waadhka aad ka midka tahay **www.towerhamlets.gov.uk/vote**

Doorashada kale ee lagu soo xulayo baarlamaanka Yurub, codbixiye kasta waxaa la siinayaa xaashi cad, islamarkaana waxaad isku talaab ku dhufanaysaa ka xusbiga aad doorbidayso. Doorashadani waa sided xubnood oo ku matalayaa baarlamaanka Yurub, shanta sano ee fooda innagu soo haya.

Goobaha codbixintu oo dhami, waxay furnaanayaan laga bilaabo 7am ilaa 10am. Codadka doorashada meeyarka iyo kawnsulariska waxaa la tirinayaa Jimcaha, Meey 23, kuwa baarlamaanka Yurubna waxaa la tirinayaa Axda, Meey 25.

জালিয়াতি রোধে সকল পোস্টাল ভোট কঠোরভাবে স্ক্যান করা হবে

All postal votes will be thoroughly checked – page 5

আগামী ২২ মে অনুষ্ঠিতব্য নির্বাচনের পোষ্টাল ভোট টাউন হলে আসা শুরু হয়েছে।

প্রতিটি পোস্টাল ভোট কঠোরভাবে স্ক্যান করা হচ্ছে। কাউন্সিল রেকর্ডে থাকা মূল আবেদনপত্রে দেয়া স্বাক্ষর ও জন্ম তারিখের সাথে পোস্টাল ভোটের স্ট্যাটমেন্টে দেয়া স্বাক্ষর ও জন্ম তারিখ পুঙ্খানুপুঙ্খভাবে মেলানো হচ্ছে।

সকল পোস্টাল ভোট - তা টাউন হলের ঠিকানায় আগাম পাঠিয়ে দেয়া হোক, কিংবা নির্বাচনের দিন ২২ মে পোলিং স্টেশনে নিয়ে আসা হোক, সবগুলোই একই পন্থায় কঠোরভাবে পরীক্ষা করবেন কাউন্সিলের স্টাফরা। যদি কোন পোস্টাল ব্যালটের একটা তথ্যও না মেলে, তা হলে ঐ ভোটটি বাতিল করে দেয়া হবে।

এবারের নির্বাচনে ৩০ হাজারের কিছু কম পোস্টাল ভোট ইস্যু করা হয়েছে। ১২ মে থেকে শুরু হয়েছে পোস্টাল ভোটের খোলার কার্যক্রম। প্রথম দুই দিনে প্রায় ৩,৫০০ পোস্টাল ভোট পাওয়া গেছে।

এ ব্যাপারে টাওয়ার হ্যামলেটসের রিটার্নিং অফিসার, জন উইলিয়ামস্ বলেন, জনগণ যাতে তাদের গণতান্ত্রিক অধিকার হিসেবে ভোট দেন, সেজন্য আমরা তাদের উদ্বুদ্ধ করে যাচ্ছি। যারা পোলিং স্টেশনে যেতে পারবেন না, তারাও যাতে তাদের পছন্দ ও বক্তব্য জানাতে পারেন, তা নিশ্চিত করার বৈধ পন্থা হচ্ছে পোস্টাল ভোট।

তিনি বলেন, তবে ভোট জালিয়াতির রোধে আমরা বদ্ধপরিকর। নির্বাচনের স্বচ্ছতা ও শুদ্ধতা নিশ্চিত করতে আমরা পুলিশ এবং ইলেক্টোরাল কমিশনের সাথে অত্যন্ত ঘনিষ্টভাবে কাজ করছি।

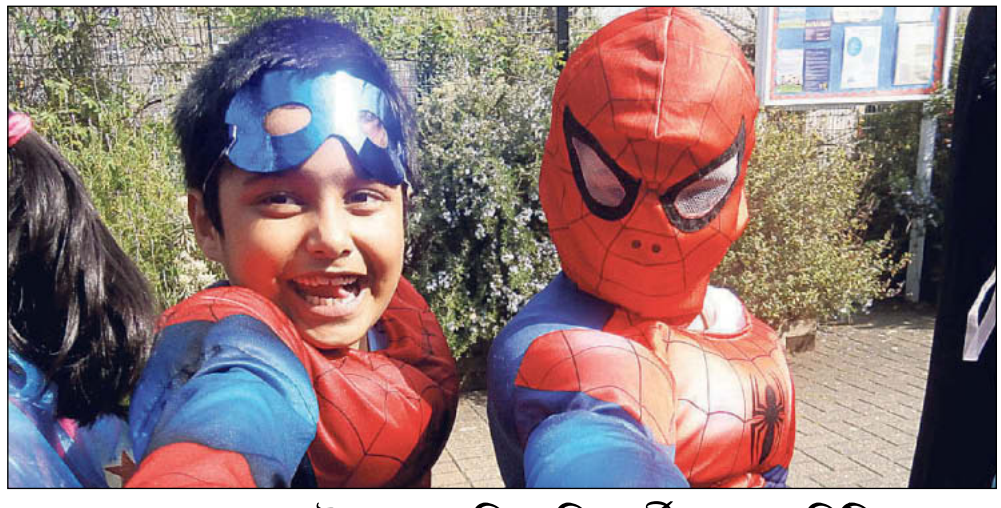
টাওয়ার হ্যামলেটসের আসন্ন ইলেকশন এ যাবতকালের মধ্যে সবচেয়ে জটিল হলেও ভোট জালিয়াতি রোধে লন্ডনের মধ্যে সবচেয়ে শক্তিশালী পদ্ধতি গ্রহণ করা হয়েছে। এই পদ্ধতি সারা দেশের তুলনায়ও অনেক কঠোর। পদ্ধতির ওপর আস্থায় প্রতিষ্ঠায় নির্বাচনী প্রক্রিয়ার সাথে জড়িত সকল পক্ষ, স্থানীয় ও মেট পুলিশের সমন্বয়ে টাওয়ার হ্যামলেটস্ কাউন্সিল সম্প্রতি একটি প্রোটোকল চালু করে।

এই মুসাবিদায় এটাই নিশ্চিত করা হয়েছে যে, যেকোন ধরনের ভোট জালিয়াতির ঘটনাকে মেট্রোপলিটান পুলিশ, স্থানীয় পুলিশ এবং টাওয়ার হ্যামলেটস্ কাউন্সিল সর্বোচ্চ গুরুত্বের সাথে নিবে এবং প্রতিটি অভিযোগ অতি দ্রুততা ও কঠোরতার সাথে পূর্ণাঙ্গ তদন্ত করবে।

উল্লেখ্য, অতীতে নির্বাচনী প্রক্রিয়ার সাথে জড়িত ব্যক্তি এবং সংগঠনের মধ্যে আস্থার ঘাটতি হয়েছে এবং অতীতে উত্থাপিত কিছ ইস্যু সমাধান করা হয়েছে এই প্রোটোকলের মাধ্যমে।

অবাধ ও সুষ্ঠু নির্বাচন সম্পর্কে সবাই যাতে পুরোপুরি আস্থাবান হতে পারেন, সেজন্য গৃহীত পদক্ষেপসমূহের মধ্যে রয়েছেঃ কিছু কিছু পোলিং স্টেশনে পুলিশ অবস্থান করবে এবং প্রয়োজন অনুযায়ি সাড়া দিতে মোবাইল পুলিশ টীম প্রস্তুত থাকবে। পোলিং স্টেশনের আশেপাশে বিপুল সংখ্যক সমর্থকদের জটলা এবং ভোটারদের গতিরোধের যে কোন ঘটনা পুলিশ প্রতিহত করবে। সীমিত সংখ্যক কর্মী পোলিং স্টেশনের বাইরে থাকতে পারবেন। নির্বাচন সংক্রান্ত যে কোন অভিযোগ জানাতে প্রার্থী ও তাদের এজেন্টদের জন্য একটি বিশেষ ইমেইল এড্রেস দেয়া হবে। রিটার্নিং অফিসারের কাছে অভিযোগ দাখিল করার পর তা ২৪ ঘন্টার মধ্যে তদন্ত করা হবে। যদি রিটার্নিং অফিসার অভিযোগটি পুলিশের কাছে পাঠান, তাহলে পুলিশ পরবর্তী ৪৮ ঘন্টার মধ্যে তা তদন্ত করবে।

Postal votes being opened at the Town Hall last week



শেডওয়েলের ব্লু গেট স্কুলের শিশু শিক্ষার্থীদের চ্যারিটি ওয়াক

Blue Gate Fields School raises £600 – page 11

বিভিন্ন চ্যারিটির জন্য তহবিল সংগ্রহের উদ্দেশ্যে শেডওয়েলের ব্লু গেট ফিল্ডস্ ইনফ্যান্ট স্কুলের সুপার হিরোরা ক্লাসরুম ছেড়ে নেমে এসেছিলো রাস্তায়।

স্কুলের চারপাশের এলাকায় হেঁটে বেড়ানোর পাশাপাশি তহবিল সংগ্রহের এই আয়োজনে অংশ গ্রহণকারী শিশু শিক্ষার্থীদের ড্রেস তৈরী করে দেন তাদের অভিভাবকেরা। অর্থ দান করার মাধ্যমে জনসাধারণও এই উদ্যোগের প্রতি সমর্থন জানান। বাচ্চারা যখন শেডওয়েল ফায়ার স্টেশন অতিক্রমকালে সাইরেন বাজিয়ে এই খুদে হিরোদের অভ্যর্থনা জানানো হয়। সেভ দ্যা চিলড্রেন এবং স্পোর্টস্ রিলিফ সহ বিভিন্ন চ্যারিটি সংগঠনের জন্য শিক্ষার্থীরা মোট ৬০০ পাউন্ড তহবিল সংগ্রহ করতে সক্ষম হয়।

১৮ - ২৪ মে পালিত হবে ডিমেনশিয়া সচেতনতা দিবস

Alzheimer's Society

কারো স্বজন যদি ডিমেনশিয়া বা স্মৃতিভ্রংশে (ভুলে যাওয়া) আক্রান্ত হন, তাহলে তিনি উপলব্ধি করতে পারেন এর কী যন্ত্রণা। ডিমেনশিয়া রোগ সম্পর্কে সচেতনতা সৃষ্ঠির লক্ষ্যে এনএইচএস ও আলজাইমার্স সোসাইটির উদ্যোগে টাওয়ার হ্যামলেটসে ১৮ থেকে ২৪ মে ডিমেনশিয়া সচেতনতা সপ্তাহ পালিত হবে।

DO NOT BOTTLE IT UP – TALK ABOUT DEMENTIA

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

১৮ থেকে ২৪ মে পালিত হবে ডিমেনশিয়া সচেতনতা দিবস

Do not bottle it up: talk about dementia – page 4

কারো স্বজন যদি ডিমেনশিয়া বা স্মৃতিভ্রংশে (ভুলে যাওয়া) আক্রান্ত হন, তাহলে তিনি উপলব্ধি করতে পারেন এর কী যন্ত্রণা।

ডিমেনশিয়া রোগ সম্পর্কে সচেতনতা সৃষ্ঠির লক্ষ্যে এনএইচএস ও আলজাইমার্স সোসাইটির উদ্যোগে টাওয়ার হ্যামলেটসে ১৮ থেকে ২৪ মে ডিমেনশিয়া সচেতনতা সপ্তাহ পালিত হবে। তাই ডিমেনশিয়া বা স্মৃতিভ্রমের যন্ত্রণাকে অন্তরে চেপে না রেখে তা খুলে দেয়ার জন্য এনএইচএস ও আলজামার্স সোসাইটির পক্ষ থেকে আহ্বান জানানো হয়েছে।

ডিমেনশিয়ার অনেকগুলো উপসর্গ রয়েছে। যেমন স্মৃতিভ্রম, সমস্যা -সমাধানে ব্যর্থ হওয়া, বা চিন্তা শক্তি বা ভাষা ভুলে যাওয়া ইত্যাদি। দৈনন্দিন জীবন-যাপনে এর বিপুল প্রভাব পড়তে দেখা যায়।

প্রধানত, ৬৫ বছরের অধিক লোকদের উপর ডিমেনশিয়া ভর করে। তবে এর চাইতে কম বয়সীদেরও ডিমেনশিয়া হতে পারে। বর্তমানে যুক্তরাজ্যে ১৭ হাজারের মত অল্পবয়সী ডিমেনশিয়া আক্রান্ত লোকজন রয়েছেন বলে জানানো হয়েছে। এই সংখ্যা পুরোপুরি সঠিক না ও হতে পারে। এর সংখ্যা এর চাইতে তিনগুন বেশিও হতে পারে বলে ধারনা করা হচ্ছে।

প্রবীণ লোকদের উপর ডিমেনশিয়া ভর করায় ভবিষ্যতে এই রোগে বহু লোক আক্রান্ত হতে পারেন এবং এটি হেলথ ও সোশ্যাল কেয়ারের ক্ষেত্রে বিরাট সমস্যা হিসাবে দেখা দিতে পারে। আলজাইমার্স সোসাইটি মনে করে, ২০২১ সালের মধ্যে যুক্তরাজ্যে ডিমেনশিয়া আক্রান্তদের সংখ্যা ১ মিলিয়নে উপনীত হতে পারে বলে পূর্ভাবাস দেয়া হয়েছে।

টাওয়ার হ্যামলেটসে ডিমেনশিয়া আক্রান্তদের সংখ্যা ১,১৬৫ জনের মত। জাতীয়ভাবে উল্লেখযোগ্য সংখ্যক ডিমেনশিয়া আক্রান্তদের রোগ নির্ণয় করা হয়েছে এমন সংখ্যা নিরূপন করা হয়নি।

টাওয়ার হ্যামলেটস কাউন্সিলের সাথে তার অন্যান্য অংশীদারি সংস্থা যেমন এনএইচএস, আলজাইমার্স সোসাইটি এবং অন্যান্য সংস্থার উদ্যেগের ফলে ডিমেনশিয়া নির্ণয়ের সংখ্যা ১৭% ভাগ বৃদ্ধি পেয়েছে।

টাওয়ার হ্যামলেটসের পাবলিক হেলথের ডিরেক্টর ডাঃ সোমেন ব্যানার্জি এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন, "সহযোগি সংস্থা গুলোর সাথে যৌথভাবে কাজ করার মাধ্যমে আমাদের বাসিন্দাদেরকে সেবা সম্পর্কে অবহিত করার মাত্রা বৃদ্ধি পেয়েছে। ডিমেনশিয়া নির্ণয় করার ব্যাপারটি খুবই গুরুত্বপুর্ন। এরফলে স্বজনরা জানতে পারবেন এবং স্থানীয় পরিসেবা ও সহযোগিতা পাওয়া সম্ভব হবে।"

আলজেমিয়ার্স সোসাইটি ডিমেনশিয়ার উপর তথ্য ও সহযোগিতা এবং পরিষেবা প্রদানের জন্যে আলাপ-আলোচনার দ্বার খোলার জন্যে বিভিন্ন কর্মসুচি গ্রহণ করেছে। এগুলো হলোঃ

১৯ শে মে, সোমবার, সকাল ১১টা থেকে অপরাহ্ন ৩টা পর্যন্ত - মাইল এন্ড হাসপাতালে, ২০ শে মে, মঙ্গলবার ই-ওয়ানের মাইলএন্ড হাসপাতালে সকাল ১০ টা থেকে অপরাহ্ন ১টা পর্যন্ত, ই-১৪ এর ক্রিসপ স্টীটের আইডিয়া স্টোরে সকাল ১১ টা থেকে অপরাহ্ন ২টা পর্যন্ত, ২১শে মে ই-১৪ এর ক্রিসপ স্ট্রীট আইডিয়া স্টোরে সকাল ১১টা থেকে অপরাহ্ন ২টা পর্যন্ত, ই-১ এর হোয়াইটচ্যাপেল আইডিয়া স্টোরে সকাল ১১টা থেকে অপরাহ্ন ২টা পর্যন্ত ও ২২শে মে ই-১ এর হোয়াইটচ্যাপেলের আইডিয়া স্টোরে সকাল ১১টা থেকে অপরাহ্ন ২টা পর্যন্ত তথ্য ও পরামর্শের জন্যে স্টল খোলা হবে।

আলজাইমার্স সোসাইটির সার্ভিস ম্যানেজার বিল গিবসন বলেছেন, টাওয়ার হ্যামলেটসের বাসিন্দাদের ডিমেনশিয়া সম্পর্কে সচেতনতা সৃষ্ঠির লক্ষ্যে প্রতি বছর এই এওয়ারনেস উইকে সেশন পরিচালনা করা হয়। এর মধ্যে আমরা যতদুর সম্ভব বেশি লোকের সাথে যোগাযোগ স্থাপন করার সুযোগ গ্রহন করে থাকি। এ বছর আমরা ডিমেনশিয়া আক্রান্ত কারো সাথে বা কেউ ডিমেনশিয়া আক্রান্তকে নিয়ে উদ্বেগের মধ্যে রয়েছেন তাদের সাথে যোগাযোগ স্থাপন করার চেষ্ঠা করবো।

এ ব্যাপারে আরো বিস্তারিত জানার জন্যে আলজাইমার্স সোসাইটির এই ০২০ ৮১২১ ৫৬২৬ নম্বরে ফোন করার জন্যে অনুরোধ করা হয়েছে।

News in brief

চ্যারিটি রানে অংশ নেবেন এমদাদ রহমান

লন্ডন এয়ার এম্বুলেন্সের সাহায্যার্থে স্বাস্থ্য-চিকিৎসা বিষয়ক সংস্থা বিউপিএ বা বুপা ১০ হাজার লোকের এক দৌড় প্রতিযোগিতার আয়োজন করেছে। আগামী ২৫ শে মে রবিবার অনুষ্ঠিতব্য এই প্রতিযোগিতায় স্বনামখ্যাত দৌড়বিদ এমদাদ রহমান অংশগ্রহন করতে যাচ্ছেন বলে এক সংবাদ বিজ্ঞপ্তিতে জানানো হয়েছে।

সমাজসেবি এমদাদ রহমান এর আগে ২০১২ সালের অলিম্পিক মশাল বহন করার কৃতিত্ব অর্জন করেছিলেন। সম্প্রতি তিনি উন্নয়নগামি দেশগুলোতে চোখের ক্যাটারেক্ট অপারেশন এর জন্যে অর্থ সাহায্যের লক্ষ্যে স্নোডন পাহাড়ে আরোহন করার লক্ষ্যে একটি গ্রুপের সাথে গিয়েছিলেন। গত জানুয়ারি মাসে পায়ে আঘাতজনিত কারনে তিনি হাঁটা পথে বুপার অনুষ্ঠানে যোগ দেবেন।

এ ব্যাপারে মন্তব্য করতে গিয়ে এমদাদ রহমান বলেছেন, আমি হয়তো দৌড়াতে সক্ষম হবোনা। তবে আমার স্নোডন টিম মানবিক সহযোগিতার কারনে দৌঁড়ে অংশ নিচ্ছেন আমি তাদের সহযোগিতা পাওয়ার আশা রাখি।

স্নোডন পাহাড়ে আরোহন করার চমৎকার অভিজ্ঞতার কথা এমদাদ রহমানের স্মৃতিতে রয়েছে। সেখানে তিনি তার সহযোগিদের সহযোগিতা পেয়েছিলেন।

এ ব্যাপারে বিস্তারিত জানার জন্যে www.justgiving.com/numero এই ওয়েবসাইট এ ভিজিট করার জন্যে অনুরোধ করা হয়েছে।

৭০ ভবনের উন্নয়ন ও রিবা পুরস্কার লাভ

লন্ডন ২০১২ গেমস্ এর প্রাক্কালে রিজেনারেশনের স্কীমের ওল্ডগেইট থেকে ব্রমলি বাই বো হাইস্ট্রীটে অবস্থিত ৭০টি ভবনের সম্মুখ ভাগ এর উন্নয়ন সাধন করা হয়েছিল। এই উন্নয়নকে স্বীকৃতি দিয়ে পুরস্কৃত করেছে রিবা লন্ডন রিজিওন এওয়ার্ড।

এই উচ্চাকাঙ্খী প্রকল্পটি বাস্তবায়নের জন্যে কাউন্সিলের সাথে পার্টনারশীপের ভিত্তিতে অংশ নেয় ইংলিশ হ্যারিটজে ও গ্রেটার লন্ডন অথরিটি। তারা ঐতিহাসিক ভবন বিশেষজ্ঞ স্থপতি জুলিয়ান হারাপকে নিয়োগ দিয়েছিলো। তিনি ভবনগুলোর ঐতিহাসিক মূল্য বজায় রেখে উন্নয়ন সাধন করেছিলেন।

স্থপতি জুলিয়ান হারাপ এর মুখপাত্র শন বুইক এই ইতিবাচক উন্নয়নের ব্যপারে আশাবাদ ব্যক্ত করে বলেন, ভবিষ্যতের বিনিয়োগের জন্যে এটি সহায়ক ভূমিকা পালন করবে।

■ The above stories are: Emdad taking part in the BUPA 10k race; High Street 2012 wins RIBA award – page 7.

টাওয়ার হ্যামলেটসে পুষ্প ও বৃক্ষ প্রতিযোগিতা

Calling all green-fingered gardeners

প্রতি বছরের মত এ বছরও ২০১৪ সালের টাওয়ার হ্যামলেটস ব্লুম প্রতিযোগিতা শুরু হতে যাচ্ছে। ১৯৭১ সাল থেকে প্রতি বছর টাওয়ার হ্যামলেটস ইন ব্লুম প্রতিযোগিতা অনুষ্ঠিত হয়ে আসছে। এই প্রতিযোগিতা শুধু পেশাদার উদ্যানকর্মীদের জন্যে নয়, স্কুল, কমিউনিটি সংগঠন এমনকি সৌখিন উদ্যানকারীদের জন্যেও উন্মুক্ত।

এই প্রতিযোগিতায় ব্যালকনি থেকে কমিউনিটি গার্ডেনগুলো, বরাদ্দকৃত ছোট ছোট প্লট, প্যাটিও,ব্যবসা প্রতিষ্ঠান এবং স্কুলগুলো অংশ নিতে পারবে।

বাসিন্দারা যাতে বৃক্ষরোপন, বন্য প্রানি সংরক্ষণ এবং পরিবেশ উন্নয়নের ব্যাপারে উৎসাহি হন এ জন্যে জাতীয় ভিত্তিক বাগান প্রতিযোগিতার অংশ হিসেবে টাওয়ার হ্যামলেটস কাউন্সিল প্রতি বছর এই প্রতিযোগিতার আয়োজন করে থাকে।

এই প্রতিযোগিতা বাসিন্দাদের ছোট সবুজ প্রাঙ্গনগুলোকে বাগানে পরিনত করে স্বর্গীয় সুষমা দিতে অনুপ্রানিত করে। গত বছরে অনুষ্ঠিত এই প্রতিযোগিতায় শতাধিক প্রতিযোগি অংশ নিয়েছিলেন। বিজয়িদের টাওয়ার হ্যামলেটেসের ইকোলজি পার্কে নিমন্ত্রন করে আনা হয় এবং তাদের সাফল্যের স্বীকৃতি প্রদান করা হয়।

টাওয়ার হ্যামলেটস ইন ব্লুম প্রতিযোগিতা কয়েকটি ভাগে ভাগ করা হয়েছে। যেমন শ্রেষ্ঠ এলটমেন্ট, শ্রেষ্ঠ সামাজিক উদ্যোগে সৃষ্ঠ বাগান, শ্রেষ্ঠ প্যাশিও / টবে বা পাত্রে ধারনকৃত বৃক্ষ, শ্রেষ্ঠ আবাসিক-সামাজিক বাগান, শ্রেষ্ঠ শিক্ষাঙ্গনের বাগান, শিশুদের দ্বারা করা উদ্যান, শ্রেষ্ঠ বন্য প্রানি বান্ধব বাগান, রেস্টুরেন্ট, ক্যাফে এবং অন্যান্য ব্যবসা প্রতিষ্ঠানের বাগান, শ্রেষ্ট ফ্রন্ট গার্ডেন, নবাগতের জন্যে বিশেষ পুরস্কার।

এ ব্যাপারে আরো বিস্তারিত জানতে হলে কেইথ উডওয়ার্ডের সাথে ০২০৭ ৩৬৪ ৭৪৫৯ এই নম্বরে যোগাযোগ করার জন্যে অনুরোধ করা হয়েছে।

Local talent from Tower Hamlets stars in Miss Match, a new production created in collaboration with 'A' Team Arts

'এ' টিম বানালো নতুন ফিল্ম 'মিস ম্যাচ'

Youngsters hit the big screen

টাওয়ার হ্যামলেটস্ বারার তরুণরা কাউন্সিলের ইয়ূথ আর্টস্ ডিভিশন "এ টীম আর্টস্" এর সাথে মিলে "মিস ম্যাচ" নামে নতুন একটি চলচ্চিত্র নির্মান করেছে।

লেখক জেন আস্টিনের এমা'র কাহিনি অবলম্বনে ইস্ট লন্ডনের জনজীবনের আদলে তৈরী করা হয়েছে কমিক ধারার ড্রামা মিস ম্যাচ। রোমান্টিকতার পাশাপাশি হাস্য রসে পূর্ণ চিত্রনাট্যে আছে বলিউডেরও ছোঁয়া।

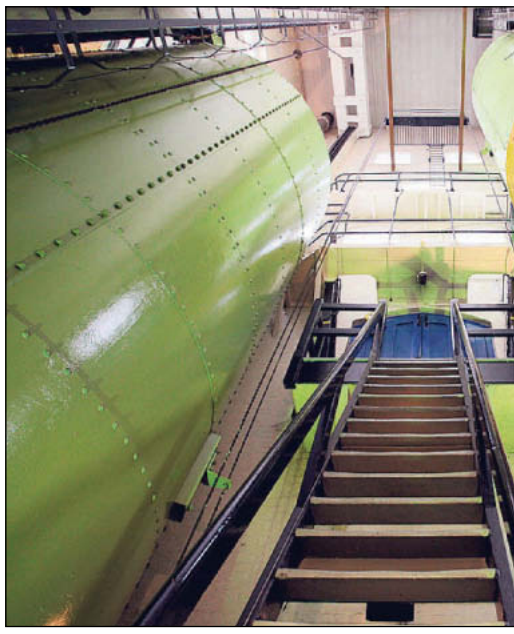
গত কয়েক মাস ধরে স্থানীয় প্রতিভাবান অনেক তরুণ তরুণী দিন রাত পরিশ্রম করে তৈরী করেছেন এটি। স্থানীয় অভিনেতা, অভিনেত্রী, সঙ্গীত শিল্পী, নৃত্য শিল্পীরা অংশ নিয়েছেন এতে। আগামী জুন মাসে অনুষ্ঠিতব্য ইস্ট এন্ড ফিল্ম ফ্যাস্টিভেল এ প্রদর্শিত হবে মিস ম্যাচ।

টাওয়ার হ্যামলেটস্ কাউন্সিলের হেড অব আর্টস্, ইভেন্টস এন্ড পার্কস্, স্টিভ মারি বলেন, "নতুন দক্ষতা অর্জন করা এবং ক্রিয়েটিভ কাজে নিজেদের প্রতিভার বিকাশ ঘটাতে কাউন্সিল 'এ' টিম স্থানীয় তরুণদের চমৎকার সুযোগ করে দিচ্ছে।"

আগামী ২১ জুন শনিবার বেলা ২.১৫টায় জেনেসিস সিনেমায় প্রদর্শিত হবে মিস ম্যাচ ফিল্মটি।

Throughout its construction, it was known as the 'wonder bridge'. Now, decades after it was built, Tower Bridge is one of the most famous river crossings in the world. And as the 120th anniversary of its opening approaches, **Jessica Odubayo** paid the iconic structure a visit. Photos by **Carmen Valino**.

Tower Bridge today Photo: Tower Bridge



Hydraulic power was stored in the bridge accu

Towering over Lor

TOWER Bridge was opened to the public in 1894 and has been a major thoroughfare, taking Londoners across the river, for the past 120 years.

A great starting point for anyone wanting to discover its history is the Tower Bridge Exhibition. Set inside the iconic structure, it gives an insight into the bridge's construction and shows off the magnificent Victorian engine rooms which house the original machinery used for lifting the bascules.

A video at the start of the exhibition details how Parliament launched a public competition in 1876 to find the designer of a new river crossing.

London Bridge had become too crowded as 170,000 people struggled to get across in an average week.

Designs for the crossing included a tunnel, but the idea was rejected as it would have required the use of too much land.

Tower Bridge was the creation of architect Sir Horace Jones and civil engineer Sir John Wolfe Barry. Construction began in 1886 and 432 labourers were employed to build the bridge, although ten men died during the construction period.

Tower Bridge took eight years to complete and was officially opened on June 30, 1894 by the Prince and Princess of Wales (the future King Edward VII and Queen Alexandra).

A lift from the exhibition entrance takes visitors to walkways 42 metres above the Thames, offering panoramic views across London.

They can look across to popular Tower Hamlets landmarks such as Balfron Tower, Canary Wharf and One Canada Square, the headquarters of the river police in Wapping, and St Katharine Docks.

The Engine Rooms are home to apparatus including a boiler room, where steam was generated to drive the pumping engines, coal bunkers for fuelling the boilers, an accumulator and bascule drive engines.

Tower Bridge has featured in many historical events over the years – it is one of the major landmarks for the London Marathon, the world's largest fundraising event.

Other historic events held at Tower Bridge include Sir Francis Chichester setting off for his round-the-world voyage in 1967 and its opening to admit HMS Belfast in 1971. And in 2012, Tower Bridge was raised in full royal salute as the Queen's barge, The Spirit of Chartwell, passed beneath the bascules, as part of the Thames pageant to celebrate the Queen's Diamond Jubilee.

In the same year, five enormous rings were floated down the river by barge and then attached to the underside of the bridge walkways, during celebrations to mark the London 2012 Olympic Games.

Tower Bridge Exhibition is open daily from 10am to 6pm with last admission half an hour before closing. Visit the website at **www.towerbridge.org.uk**

The opening of Tower Bridge in 1894 Photo: Tower Hamlets Local History Library

Tower Bridge at night

A PHOTOGRAPHIC exhibition focusing on the people, places, events and designs that epitomise the revolutionary decade of the 1960s, is currently on display on the West Walkway.
Running until December 31, the exhibition features over 60 images, from pop stars to prime ministers, fashion designers to Formula One racing drivers, and cutting edge architecture to political activists.

Celebrities featured includ
Michael Caine, Peter Seller
Richard Burton.
Political and social movem
Rockers and the Aldermast
sporting heroes indicating
Stewart and Graham Hill.
The huge changes that too

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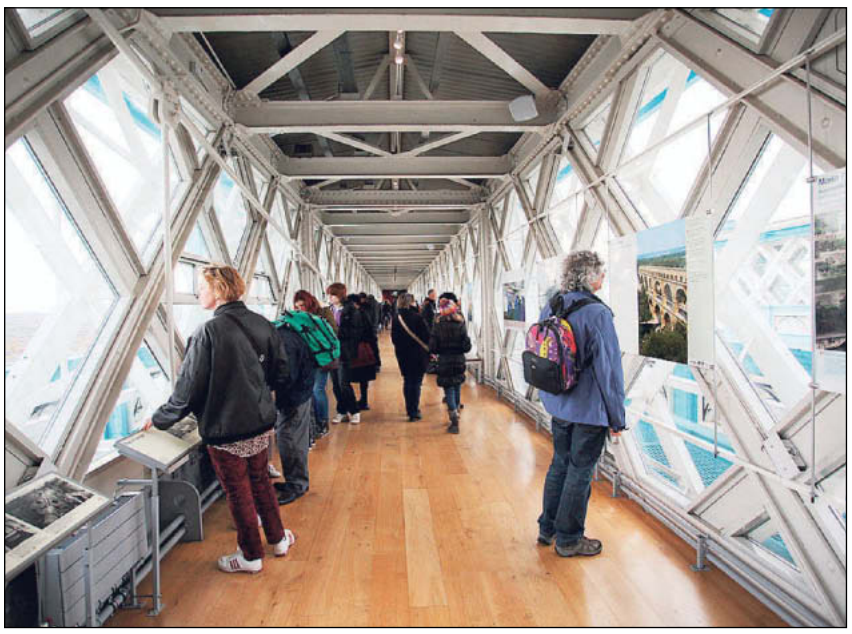
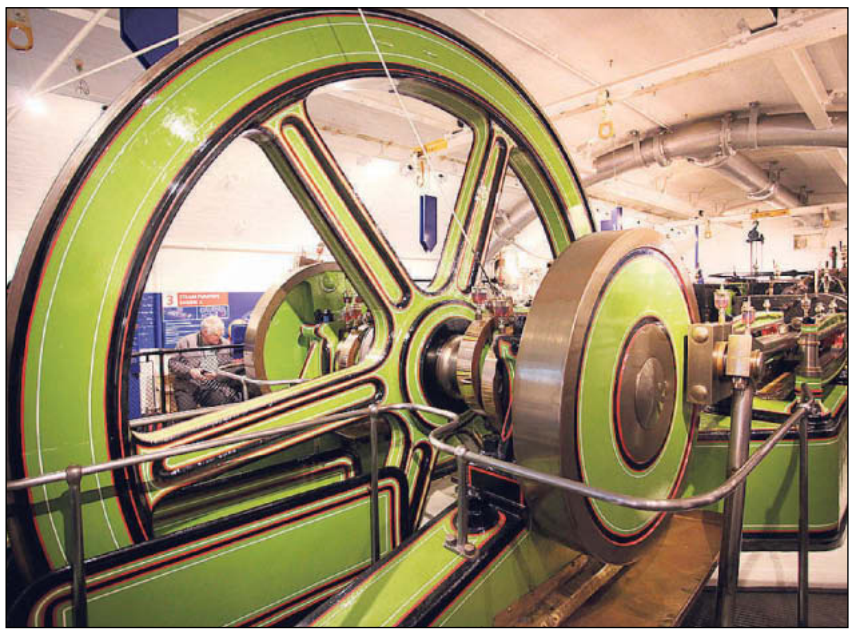


The walkways are 42 metres above the river



Original machinery on display in the Engine Rooms

ndon history

Photo: Tower Bridge

e Twiggy, Mary Quant,
s, Elizabeth Taylor and

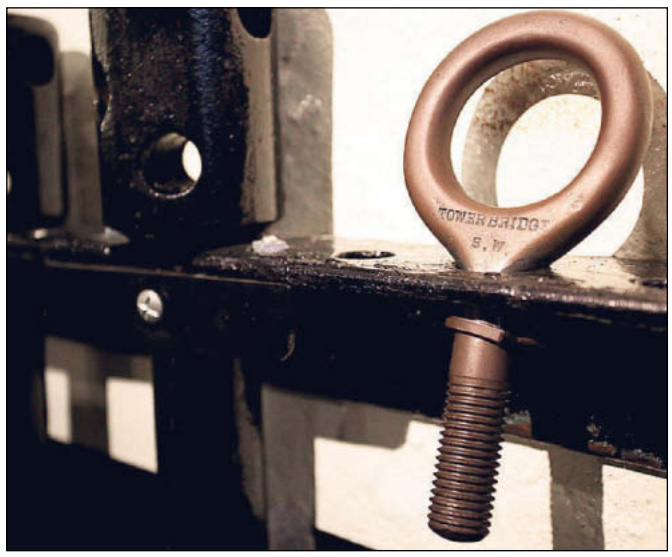
ents such as the Mods and
ton marchers sit next to
John Surtees, Jackie

k place in Britain during

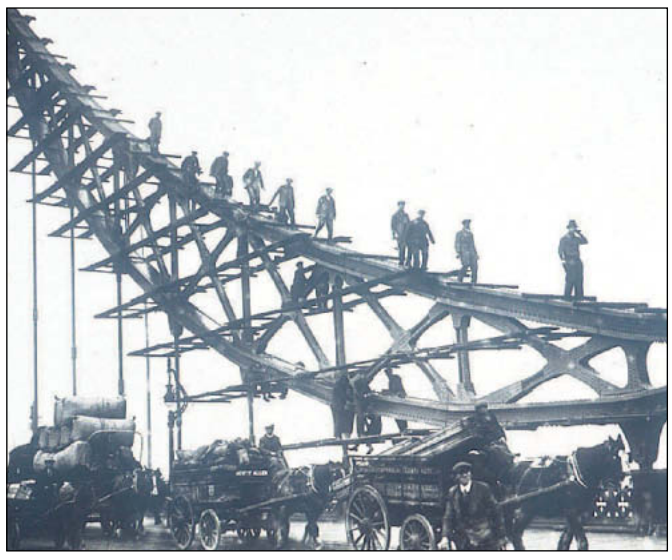
the 1960s, both politically and socially, with the rise of youth culture, the cult of the celebrity and hemlines, are key features of the exhibition.

One of the highlights is a rare photograph of comedy duo Peter Cook and Dudley Moore taken by producer and director Bryan Forbes as a publicity shot for his film The Wrong Box (1966).

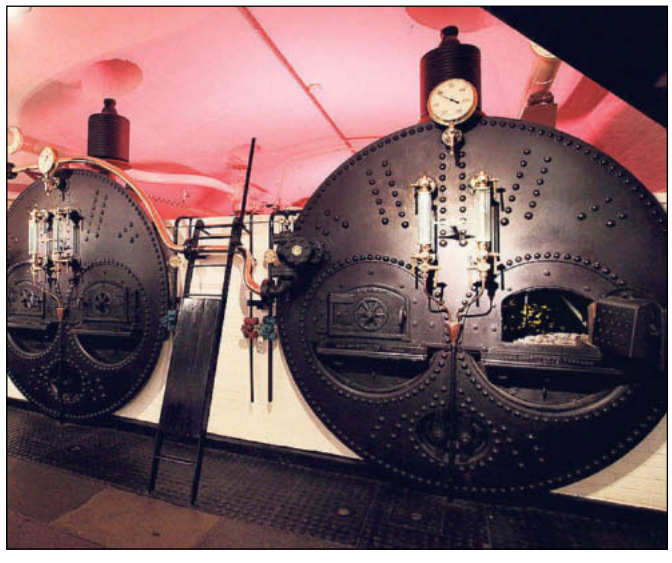
Visit www.towerbridge.org.uk for details.



Machinery inside the coal bunker at Tower Bridge



Construction workers on Tower Bridge Photo: Tower Bridge



Furnaces under Tower Bridge, used to generate steam to raise the bridge for passing ships

Francis Marshall, curator at the Museum of London Docklands, looks through some of the Bridge exhibits

IN celebration of the 120th anniversary of Tower Bridge, the Museum of London Docklands will hold a new, free exhibition entitled Bridge.

Opening on June 27, Bridge is the largest art exhibition ever to be staged at the museum. Drawing on its significant art collections, it will feature rarely seen contemporary and historical artworks, alongside photography, film and maquettes to consider the significance of bridges within London's landscape.

Museum of London's director Sharon Ament said: "London's bridges are multifaceted in their form and function. They are among the city's most compelling iconic designs.

"Tower Bridge's unmistakable silhouette is an image synonymous with London; just like the Eiffel Tower says Paris. Bridges are also crucial to the way in which people move about the city and offer unique vantage points for seeing – and feeling – the capital.

"Bridge at the Museum of London Docklands will celebrate the many different aspects of London's bridges through the eyes of some of the capital's most exciting artists and photographers, both past and present."

The exhibition will be supported by a series of family activities and late night events.

Visit www.museumoflondon.org.uk/docklands for further information.

Flower power!

A series of events are being held to mark the Chelsea Fringe Festival.

WWW.OXFORDHOUSE.ORG.UK

Thinkers, workers and Wilton's

Metropolis is an eerie tale about a futuristic city divided by the thinkers and the workers. The action turns on the son of the city's mastermind who falls in love with a working class prophet.

DETAILS BELOW

Out & about guide

Dance

Argentinian tango E14
Class. Sat 2-5pm. £5. St John's Community Hall, 37 Glengall Grove, E14.
7538 3852

Ballroom/Latin American
Fri, 2-4pm, £2.50, 20p refreshments.
Kingsley Hall, Powis Road, E3.
8550 1392

Belly dancing
Beginners' belly dancing classes. Sats, 2-3pm, £6.
Oxford House,
Derbyshire Street, E2.
07796 850506

Brazilian dance aerobic classes
Weds 9-10am & Thurs, 1-2pm. Free.
Alpha Grove Centre,
Isle of Dogs, E14
7538 1714

Energize4Girlz
South African gumboot dancing. Every other Saturday from 11am-12:30pm.
St Pauls Shadwell Church,
302 The Highway, E1.
energize4girlzdance@gmail.com

Green Candle Senior Dance
Over-60s, no experience is necessary. Tues, 10.30am-12.30pm, one free taster.
Oxford House,
Derbyshire Street, E2.
7739 7722

Salsa
For dancers of all experience, beginners welcome, followed by dancing until midnight. Prices vary. Every Tues & Weds, 7.30-9.30pm.
The Urban Bar,
176 Whitechapel Road, E1.
07932 658861

Zumba classes
Every Tues 11.15am-12.15pm. Healthy living sessions every Fri, 11am-3pm.
St Matthias Community Centre, 113 Poplar High St, E14.
7515 8362

Kids

Dance play
Dance and movement for parents/carers and children aged 1-5. Tues, 1.45-2.45pm, £1.50 (concessions available).
Language of Dance Centre,
Oxford House, Derbyshire Street, E2.
7749 1131

Ballet
Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4.
Alpha Grove Centre, Isle of Dogs, E14.
7538 1714

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm.
Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes
For ages 2-11 on Sat mornings. £44-49.50 per term or £4.50/£5 per term, plus concessions.
Chisenhale Dance Space, 64-84 Chisenhale Road, E3
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre
Drama and musical theatre for ages 4-16 in Wapping, E1.
7481 1911

Rhyme time
Thurs, 2-3 pm.
Watney Market Library,
30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6-to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2.
8556 5348

Music

Creative Unity steel band
Steel pan classes Thurs, 6.30-8.30pm. St Matthias Community Centre, 113 Poplar High Street, E14.
07808 847974

Do you have dates for our diary? Send your details to **eastendlife.news@towerhamlets.gov.uk**

What's on where this week

Comedy

Showcase Comedy
Funnyman Lee Hurst's re-established weekly stand-up evening which regularly features professional acts testing out new material. This week, David Ward MCs a line-up of comics including Jack Grant, Freddy Quinne and Craig Carmen. £5, £3 concs before 7.15pm.
Thurs, May 22. 8pm.
Backyard Comedy Club,
231 Cambridge Heath Road, E2.
www.backyardcomedyclub.co.uk

Events

Photography walks and talks
A photography walking tour led by Paul Debois around Weaver's Field in Bethnal Green. The woodland walk features an introduction to flower photography and forms part of the Chelsea Fringe Festival 2014 celebrations at nearby Oxford House. Bring walking shoes; camera optional. All ages. £5.
Sat, May 24. 4pm.
To book visit www.wegottickets.com/event/270263 or call Oxford House on 7739 9001

Exhibitions

Céline Condorelli
London-based artist's debut solo exhibition in the capital. Visual installation which explores friendship and collaboration.
Until Jun 22. Weds-Sun, 1-6pm. First Thurs of the month until 9pm.
Chisenhale Gallery, 64 Chisenhale Road, E3.
www.chisenhale.org.uk

Michael Lyons: Scale Appropriate
Last chance to see the sculptor who works mainly through metals. This exhibition includes themes of mythology, influenced by the art from ancient cultures and from the artist's extensive travels. Free.
Daily until Fri, May 23. From 9am.
Lobby, One Canada Square and Jubilee Park, E14.

Music

Tyondai Braxton
Hotly-anticipated debut London show from the experimental American composer and ex-Battles frontman. Braxton's project – titled Hive – features architectural installation, a light show and a five-piece musical performance. £20.
Tues, May 20. 8.30pm.
Oval Space. 29-32 The Oval, E2.
www.ovalspace.co.uk

Metropolis. Fritz Lang's classic sci-fi dystopia comes to Wilton's Music Hall. The special screening of the 1927 German silent movie includes a live musical score from Dmytro Morykit, the renowned Scotland-based pianist who performs a new work at the grade II listed venue. £10. Weds, May 21. 7.30pm. Wilton's Music Hall, 1 Graces Alley (off Ensign Street), E1. 7702 2789 www.wiltons.org.uk

Theatre

Fings Ain't Wot They Used To Be
Musical comedy based around East End duckers and divers in the '50s, starring Jessie Wallace and Gary Kemp. Described by its original director Joan Littlewood, in 1959, as "like Guys & Dolls, but with its flies undone". £38-£7.
Until Jun 8. Weekdays 7.30pm. Matinees Weds, 2pm, Sat/Sun 3pm.
Theatre Royal Stratford East,
Gerry Raffles Square, E15.
8534 0310
www.stratfordeast.com

Nosferatu
A symphony of horror, this Dracula-based evening features a screening of the 1922 film along with a live score by Minima.
Sat, May 24. Doors 8pm.
St John on Bethnal Green,
200 Cambridge Heath Road, E2.
www.nosferatuminima.com

Movies from off the beaten track

"The festival has always hoped to provide people with films they would otherwise be unlikely to see, either as entertainment or as dramas which reflect the problems of societies."

FILM CRITIC DEREK MALCOLM

Halfway there

The Half Moon Young People's Theatre is currently in the process of finishing a major refurbishment project.

The return of the Rainbow

International film festival features shorts, full-length movies and documentaries

BY LARAINE CLAY

THE Rainbow Film Festival returns next weekend for its 15th annual celebration of international cinema.

And this year's festival is the most ambitious in its history with 16 full-length features and nine documentaries and short films from ten countries.

Film critic Derek Malcolm, who has supported the festival for many years and chairs the festival committee, said: "It isn't very often that cinemagoers in London can see films from Bangladesh, Iraq, Nepal, Jordan or Azerbaijan.

"Many of these films are independent productions where the makers have fought long and hard to find finance.

"They are examples of courage as well as skill, dealing for instance with child exploitation, the position of women and poverty."

And paying tribute to the festival founder, he added: "To collect this group of films, Mostafa Kamal has worked long and hard as he always does.

"Without him the Rainbow Film Festival, now in its 15th year, would simply not be possible."

The week-long festival runs from Sunday, May 25 to June 1 with screenings at three venues – Genesis Cinema, Mile End Road, Stepney Green; the Brady Arts Centre, Hanbury Street, Whitechapel; and the Tarling Centre, 63 Martha Street, Shadwell.

The opening ceremony at Genesis features Shadika Side Effect, an Indian film about the difference a new baby can make in an up-till-then happy marriage.

Iranian film Hush... Girls Don't Scream screens at the Brady Centre on May 28, portraying how the carelessness and indifference of her parents leads to an accident for an eight-year-old girl with long-lasting consequences.

OASS (The Dew Drop), the story of a child taken from her home in the hills of Nepal to the dingy brothels of Delhi, is on May 31 at the Tarling Centre.

Mirror Never Lies from Indonesia tells the story of Pakis, whose father was lost at sea and her hopes of seeing his reflection one day in the mirror he gave her. Catch it at the Tarling Centre on June 1.

The closing ceremony also at the Tarling Centre, at 6pm on June 1, features Iraqi film Where is the Land, set in a small village near the Iraqi Kurdistan border with Turkey.

Most films have subtitles – for more details call 7247 4224, email **rainbowfs@aol.com** or follow on twitter **@15RainbowFF** or on facebook at Rainbowkamal.

Yashpal Sharma in Indian film OASS (The Dew Drop)

Mirror Never Lies

Indian film Aborto

More acts added to Field Day mix

VICTORIA Park was already welcoming a stellar line-up for next month's Field Day festival with the likes of Pixies, Metronomy and Future Islands set to perform.

But now even more have been added to the bill, including Tower Hamlets-based acts, for the festival which runs over the weekend of June 7 & 8.

It was recently announced that Noisey, an online music discovery platform started by VICE, will host its own area at Field Day Saturday.

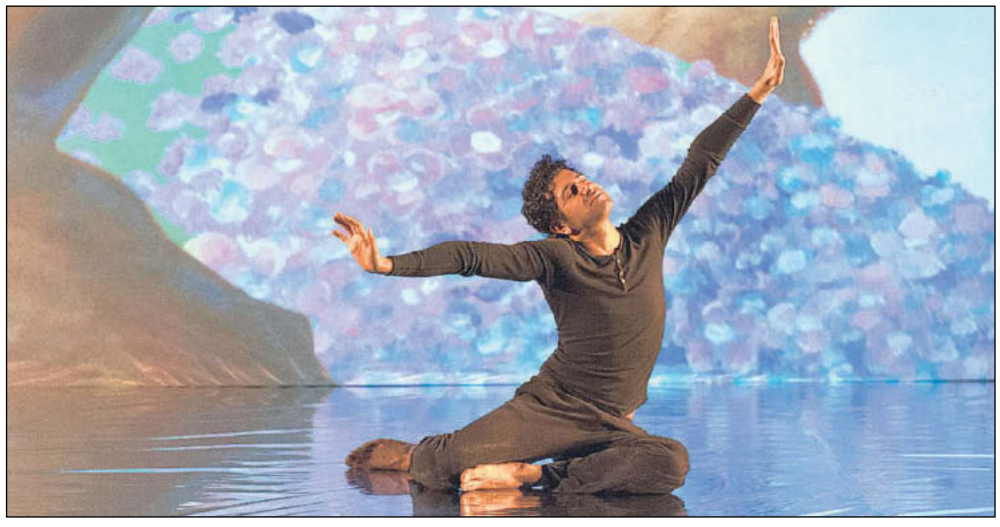
Named the 'Noisey Bandstand', it will feature some of the East End's best club collectives.

ReviveHer, known for their raucous Hackney Wick warehouse parties, have been added to the line-up.

Other new names include Bad Vibrations and Caligula, who play the Victorian bandstand, plus club acts Orlando Boom and Lxury. Modernist pop group Women's Hour have also been confirmed.

Sunday's line-up for the Red Bull Academy stage features Tomas Barfod, patten, Nguzunguzu, Louis Baker, Mickey Lightfoot and Panes.

For more on Field Day visit **www.fielddayfestivals.com**



A CHILDREN'S show featuring a mix of song, dance and music is set to hit a global audience after it debuts at the Half Moon Theatre next Wednesday morning, May 28. When Spring Comes, for ages 3 to 7, features live jazz and contemporary dance to tell the story of a young boy on a voyage to discover the joys of early springtime. After the show, at the theatre in White Horse Road, Limehouse, children in the audience will be invited on to the stage to meet the performers and move to the music. When Spring Comes is set for a subsequent run at this year's international Spark Festival in Leicester from May 29-31. Next Wednesday's show starts at 11am. Tickets cost £6 and can be bought by calling the theatre's box office on 7709 8900.

News in brief

Video up for award

FIVE young people from Tower Hamlets have reached the final of a worldwide music competition for a video they developed at the Spotlight Centre, a creative space for young people in Poplar.

Sebastian Tuma, Tsote Valashiya, Shriyansi Khanal, Immanuel Yeboah and Daniel Mandache – who are aged between 12 and 17 – have been shortlisted for the Adobe Youth Voices Award.

They composed an original song called Let Me Dream for the contest that drew more 1,500 entries globally.

This Thursday, May 22 the students' work will be showcased on a huge screen at mixed media show AYV-Live! in Belvedere Road, SE1, between 12.30-3.30pm.

The winner will be announced on June 18.

To vote, visit **http://tinyurl.com/q24jhwu**

Mosaic exhibition

AN exhibition celebrating the work of a mosaics artist draws to a close on Saturday, May 31.

Thomas Robins: A Retrospective Exhibition delves into some of Robin's recent influences including Roman mosaic and the Devonshire Hunting Tapestries.

Robins was diagnosed with autism at the age of four. As a member of the My Support Project, he attends weekly mosaic workshops at the Bromley by Bow Centre.

The exhibition runs daily from 9am-5pm at the View Tube, next to the Olympic Park.

A party for Polly

SPITALFIELDS is hosting a street party next month in memory of one of its most creative residents who died last year.

Polly Hope was a sculptor, potter and artist in a house she and her husband bought for "tuppence ha-penny in the early seventies".

High tea in memory of Polly will be held on June 21 from 1-4pm at the junction of Princelet Street and Wilkes Street.

Dress 'theatrically' for afternoon tea, a pet parade and a bake-off.

MONEYMATTERS

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CLAIM WHAT YOU'RE ENTITLED TO

If you are employed but on a low income, you may qualify for benefits or tax credits. Make sure you're not missing out. Go to: www.entitledto.com. The Council's Benefits Service can also tell you what council tax and housing benefit you are entitled to. Go to www.towerhamlets.gov.uk/benefits or call 020 7364 5001

GET SKILLED UP

Developing your skills and work experience can open doors for you. Find out about training and employment opportunities at the council's Skillsmatch service, Job Centre Plus or any of the local advice and employment support agencies listed at www.towerhamlets.gov.uk/welfarereform.
Call Skillsmatch on 020 7364 3727

BUDGET AND SAVE

Prepare for life changes – like moving home, having a baby or retiring - by putting some savings aside. For help with savings and budgeting go to www.moneyadviceservice.org.uk or contact the money management support project at Toynbee Hall: 020 7392 2989

DEBT ADVICE

National Debtline
Go to www.nationaldebtline.co.uk or call 0808 808 4000

Step Change Debt Charity
Go to www.stepchange.org or call 0800 138 1111 (Freephone - including all mobiles)

Local Debt Advice Agencies

Island Advice Centre
Go to www.island-advice.org.uk or call 020 7987 9379

Toynbee Hall
Go to www.toynbeehall.org.uk or call 020 7392 2953

For more information on money matters: **www.moneyadviceservices.org.uk** or **www.fith.org.uk** for local services

Learning 2

Free education places for two year olds

Children love to play and learn, and Tower Hamlets has some excellent nurseries, playschools and childminders where they can do just that.

Find out if your two year old is eligible for a free place. They could be entitled to 15 hours a week if you are on a low income, if your child has additional needs or if your child is looked after by the council.

For more information, and to find out what childcare is available in the borough, call the Family Information Service on **020 7364 6495** or go to **www.towerhamlets.gov.uk/Learning2**

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CALL OUR ADS TEAM ON 7364 4940

'Super-friendly' grill that's fit for a thespian

BY TEA TOTALLER

"LEMON!? It's a slice of lemon! She said it would be a lime!?" The words of my guest, sat over her gin-soaked Bramble cocktail. Honestly, I thought, the perils of taking an actress out for late lunch.

To be fair, I'd just told said actress to be hyper-critical and, amateur dramatics aside, there wasn't much else to fault about 28 West Bar & Grill.

Open six weeks or so, the Westferry Circus spot has niched itself between the All Bar Ones and the far-too-expensive banker eateries which make up Canary Wharf.

Outside it's all tree-lined benches and Thames views. Inside, the warm brown decor and open plan-looking kitchen feeds into a relaxed and airy feel.

Perfectly done chips at 28 West Bar & Grill

On arrival our attentive Canadian waitress had raced over and was, to borrow one of her countryfolk's phrases, 'super friendly'.

The food arrived soon after.

The menu at 28 West Bar & Grill is short, sharp and unfussy – as a grill joint should be. I lumped for the signature 28 West Burger (£13 with chips).

I have tasted better burgers. On the bite, you didn't get that fresh and crumbly sensation like it had just been rolled.

However it was garnished with a crunchy and delicious summer slaw, along with chunky dill pickles, both of which served to moisten the beast.

More importantly, the actress loved her lamb burger. The monster wedges went down particularly well and there was nothing to complain about with my thin, perfectly done chips.

It was a tad too expensive. A quarter of a ton for the Surf and Turf was out of range, as was the Rib-eye, weighing in a pound less at £24.

Still, you'd pay 40 quid for a treat in this part of town and that included alcoholic drinks plus a side of deep fried pig ears. (Spindly, salty lobes that were a bit rubbery, but by no means untasty.)

On cue, our lovely waitress returned to clear what little remained on the plates.

She told us that, on weekends, the bar has a DJ and becomes something of a late spot.

A time which – unlike another lunch or dinner here – we'll be avoiding like the plague.

28 West Bar & Grill is at 28 Westferry Circus, E14. Tel: 3757 6664.

Greatest things since stale bread

THIS month's recipe comes from the Love Food Hate Waste website.

These fish fingers are a great way to use up bread that is past its best. Simply whizz it up into breadcrumbs – any you don't use pop in the freezer.

If you have a recipe to suggest using leftovers or tips about reducing the amount of food we throw away, you could win £50 worth of shopping vouchers!

Email recipes to **recycling@towerhamlets.gov.uk**

Homemade fish fingers – serves 4

Ingredients

300g/11oz white fish loins such as cod or coley
75g/3oz day-old bread
25g pack parsley, chopped
1 medium egg, beaten
1 tbsp olive oil

Method

1. Preheat the oven to 200°C, gas mark 6.

2. Cut the fish into strips approx. 10cm long and 2cm wide. Place the bread in a food processor to make crumbs and mix with the parsley and seasoning.

3. Dip the strips first in the egg and then coat in the breadcrumbs and place on a greased baking tray. Drizzle with oil. Bake for 15-20 minutes until golden and crispy.

Cook's tips:

- Choose MSC certified white fish as it has been sustainably sourced. Make extra breadcrumbs and freeze in small freezer bags.
- Add dried herbs or grated Parmesan to the breadcrumbs for extra flavour.

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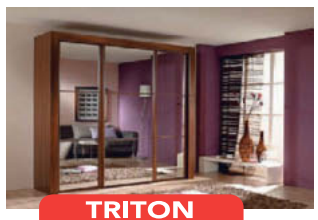

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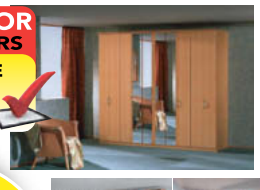

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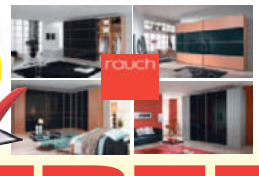

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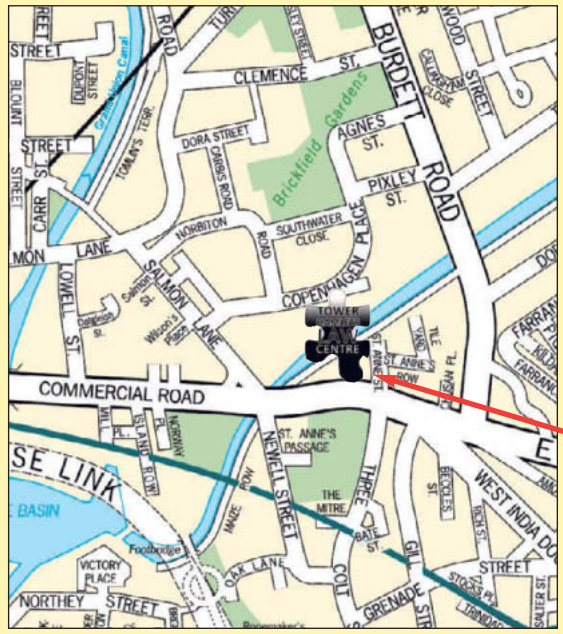


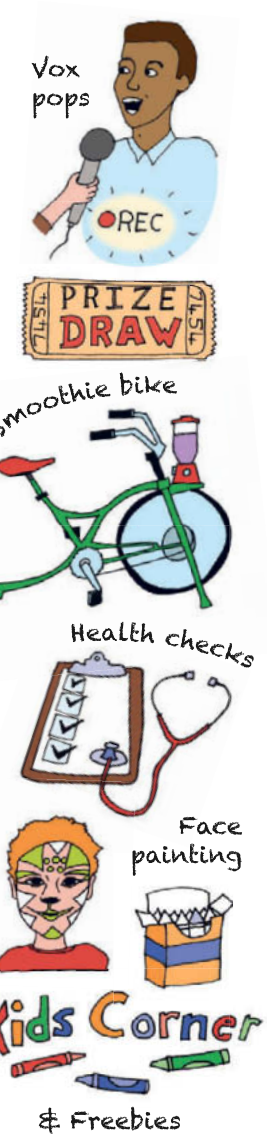
TOWER HAMLETS LAW CENTRE

789-791 COMMERCIAL ROAD
(Entrance on St Anne Street)
LIMEHOUSE
LONDON
E14 7HG

Telephone
020 7538 4909
PHONE LINES OPEN 10:00am-2:00pm

Email
info@thlc.co.uk

Opening Times
MONDAY – FRIDAY
10:00am – 5:00pm



NHS
Tower Hamlets Clinical Commissioning Group

2014 Health Conversation

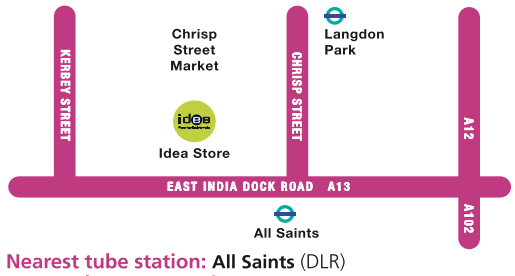
Work with us to plan health care in Tower Hamlets

Saturday 31 May 2014
11am to 3pm

Idea Store Chrisp Street, 1 Vesey Path, East India Dock Road, London E14 6BT

- Find out what we do and meet the people who lead your local NHS
- Get involved and develop new ideas about health services in the borough
- Tell us your priorities and influence decisions
- Fun activities for children, young people and adults
- Food and refreshments
- Join one of our workshops – book early and receive a voucher for participating.

Find out more at www.towerhamletsccg.nhs.uk or call 020 3688 2500.



Nearest tube station: All Saints (DLR)
Nearest bus stop serving routes: 15, 115, D6, D8

Pros and cons of being a guardian

As a property guardian, you are not conferred any tenancy rights, you sign them away at the start, and the upfront costs can be high, but the low rent can make this option appealing.

SEE BELOW

Family fun

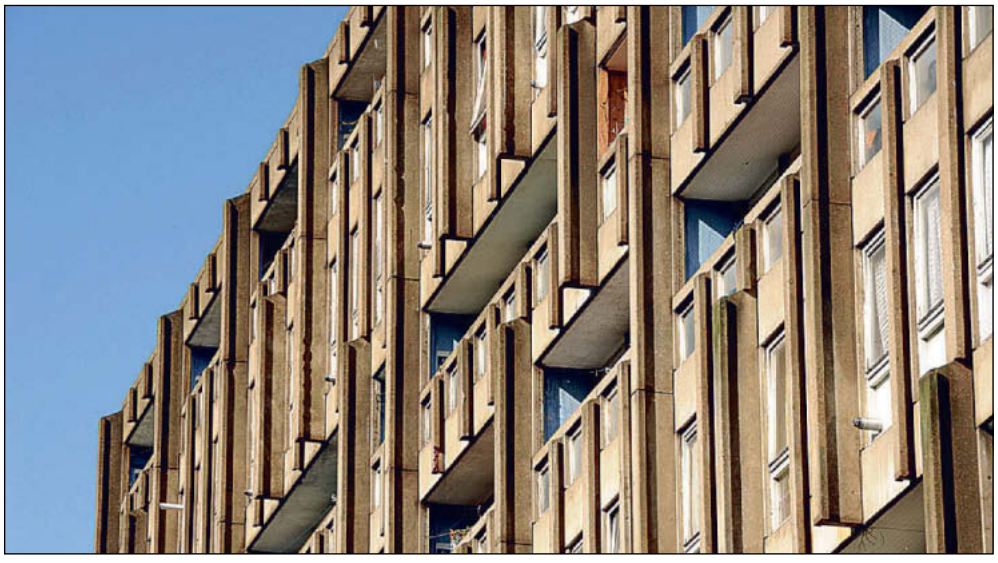
London Gypsy Orchestra (left) plan to play at Cable Street's open day.

SEE BELOW

Property

London living at knockdown prices

Forking out a small fortune for a box room in Bow is not the only way to get by in London. Reporter **James Martin** has compiled some alternative options for those looking for a roof over their head on a budget.



Property guardians are living in some of the properties at Robin Hood Gardens in Poplar

1. Become a property guardian

A scheme in which prospective occupants are matched with property owners who want their vacant properties to remain secure and squatter-free.

Knock-down rent is available on some of the sites, the quality and quirkiness of which can vary greatly.

Renters can find themselves in a range of properties, from old school buildings to care homes to council flats on the cusp of regeneration.

See

Guardians of London, Ad Hoc Property Management, Camelot Vacant Property Management.

Pros

It's cheap. Ad Hoc Property Management charge anything between £150 and £450 per calendar month, which normally includes council tax.

It's flexible. You shouldn't have too much trouble finding another place if you want to move on.

It's off-beat. You have the chance to experience a number of different sides to London.

Cons

It's insecure. The nature of property guardianship is short-term. The owner can request the property back at any time and dwellers will be moved on 28 days later.

There's a lack of rights. As a property guardian, you are not conferred any tenancy rights. You sign them away at the start.

The upfront costs can be high, which seems counter-intuitive. At Ad Hoc Property Management, you pay a £350 deposit upfront, plus about a month-and-a-half's rent along with an administration fee. Don't be shocked if your initial outlay is over a grand.

Verdict

"The low rent, along with the chance to live in up-and-coming areas of the city normally out of their price range, make this option appealing – especially to young people with few ties."

2. Do east London on the cheap

The Hyelm Group is a charity which provides affordable accommodation in Old Street and Hampstead.

Their Old Street location sits near Hoxton Square and the accommodation on offer is clean and modern.

A range of options are available, including one-bed flats and cluster apartments of between two and six en-suite bedrooms, each with a shared kitchen and lounge area.

The site is equipped with facilities including a gym, a sauna and a self-service laundrette.

Unless you're an eligible 'priority group applicant', you'll pay £651.50 per month.

See

The Hyelm Group's website at **www.hyelm.com**

Pros

The location. It's right in the mix of what remains London's trendiest quarter and only a brief cycle, or a longer walk, from the City and the West End.

It's convenient. The bedrooms and communal kitchens come fully equipped and bills are included in the monthly rent. Rooms are wired for phone and internet connections, though residents have to subscribe to these themselves.

Cons

The scheme is oversubscribed, so expect to be placed on a waiting list.

The Old Street building looks and feels a little soulless.

Verdict

"It's a depressing reflection of the times, but £650 per month (including bills) in this part of town – in travel zone 1 – is a steal. If you're lucky enough to get a room on the scheme, it's a keeper."

3. Stay with a family

Aimed at those coming to Britain to work, study or travel, homestay schemes offer visitors the chance to stay as lodgers in family homes across London.

London Homestay's website quotes rates starting at £520 a month (plus a £50 booking fee) for a single room within zone 4.

See

London Homestays, Homestayfriend, Perfect Host Homestay.

Pros

Takes some of the hassle out of finding a place to stay. The host families will have been approved by the agencies.

Living with a local family could make the transition to a new area smoother.

Cons

A lack of independence. Tenants are, after all, staying in somebody's house so they will be expected to play by their rules.

A more competitive rate may be found through an advert for someone who's looking to rent out a room in their house.

Verdict

"As long as you're prepared for the potential of cabin fever-like feelings after waking up each morning in another family's home, and are happy to pitch in with chores, this is a viable option."

Tender veggies are raring to grow

Tips from Cable Street Community Gardens

NOW the days are getting longer and the temperatures are finally rising, it is safe to sow and plant more tender varieties.

Courgettes are easy to grow and provide a steady crop of tender, delicious fruit right through to early autumn if kept watered well. Keep an eye out for mildew to which the plants can be prone, removing any leaves which are affected.

They are best started off in small pots. Place seeds on their sides and cover with 1cm (0.5in) of compost. Keep them moist and plant outside when the seedlings have established, allowing at least 1 sq m (10 sq ft) per plant.

They are hungry feeders, so plant in well-manured ground and keep watered throughout the cropping season. Courgettes also do well in large (at least 30 litres – 8 gallons) containers filled with multi-purpose compost and slow release fertiliser.

Delicious eaten hot or cold, courgettes are particularly full of flavour when they are picked small – easy to do when you grow your own.

Another summer crop is sweetcorn. They also need plenty of space and are not the most productive plant, but they are very attractive. Picked fresh, their taste is nothing like shop-bought varieties and are well worth the effort.

As they are a wind-pollinated plant, they need to be planted in blocks rather than rows. Each plant needs about 30cm (12in) square to allow for growth. A good pattern, space permitting, is for clumps of three or four plants 60cm (2 feet) apart.

Sweetcorn need plenty of sunshine to ripen, so choose a sunny, sheltered spot. Water well and pick when the tassels on the cob start to shrivel and turn brown. There are a number of colourful varieties which will add an unusual touch to a summer platter. Kernels, such as Red Strawberry, can be dried and used to make popcorn. This is a great plant for children to grow.

Whatever your plans, happy gardening and let's hope for a warm, sunny summer with plenty of showers at night.

Cable Street Community Gardens is holding its annual open day as part of the Open Gardens Square weekend on Saturday, June 14 from 10 am-5 pm.

All are welcome. Light refreshments and music, with a guided history tour at 2pm, will make this a relaxing day out for all the family.

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tower hamlets homeseekers

16/05/14 - 22/05/14
Closing date for Internet and Telephone bids: 22/05/14

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف اُن لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرایہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category F
PHOENIX COURT, MAST HOUSE TERRACE, E14
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 55

£190.73, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29892

SHELTERED
Accessible Category E
RUTH COURT, MEDWAY ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Individual communal heating system • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£206.44, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29909

OVER 50's
Accessible Category G
ALL SAINTS COURT, JOHNSON STREET, E1
Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted

Eligibility : Min Client Age 50

£120.85, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29915

BEDSIT SELF-CONTAINED FLAT
Accessible Category E
MAYFIELD HOUSE, CAMBRIDGE HEATH ROAD, E2
Flat • 0 Bed 1 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£100.96, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29896

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
BISCOTT HOUSE, DEVAS STREET, E3

Flat • 0 Bed 1 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required

£101.70, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29901

1 BEDROOM
Accessible Category F
MOORE HOUSE, CABLE STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£104.29, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29889

1 BEDROOM
Accessible Category F
MOODY STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Check heating on viewing • No garden • Pets permitted

£101.88, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29911

1 BEDROOM
Accessible Category F
CRUSE HOUSE, POPLAR HIGH STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£108.95, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29906

1 BEDROOM
Accessible Category F
AKBAR HOUSE, CAHIR STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£116.37, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29884

1 BEDROOM
Accessible Category F
PHOENIX COURT, MAST HOUSE TERRACE, E14
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£143.87, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29902

1 BEDROOM
Accessible Category F
PLIMSOLL CLOSE, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission. One week's advance rent required

£126.03, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29910

1 BEDROOM
Accessible Category F
FARRANCE STREET, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission One week's advance rent required

£123.70, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29904

1 BEDROOM
Accessible Category G
BOWSPRIT POINT, WESTFERRY ROAD, E14
Flat • 1 Bed 2 Person • 10th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£148.59, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29924

1 BEDROOM
Accessible Category F
PEABODY BUILDINGS WEST BLOCK, BRODLOVE LANE, E1W
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£122.24, Weekly - Social Rent
Landlord: Peabody

Property Ref: 29905

1 BEDROOM
Accessible Category F
GORDON HOUSE, GLAMIS ROAD, E1W

Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£125.38, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29887

1 BEDROOM
Accessible Category F
SCEPTRE ROAD, E2

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

£114.72, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29893

1 BEDROOM
Accessible Category C
SAMPHIRE HEIGHTS, NAPA CLOSE, E20
Flat • 1 Bed 2 Person • 5th floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Check parking on viewing • Pets not permitted . 5 year fixed term tenancy for new tenants
Managed by East Thames Group

£130.98, Weekly - Social Rent
Landlord: Triathlon Homes

Property Ref: 29885

1 BEDROOM
Accessible Category G
LEMON TREE HOUSE, BOW ROAD, E3

Flat • 1 Bed 2 Person • 4th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Car free home • Pets not permitted • 6 year fixed term tenancy for new tenants
·One month's rent required in advance.
Rent required monthly.

Preference to Housing Moves Applicants

£130.09, Weekly - Social Rent
Landlord: Affinity Sutton

Property Ref: 29919

1 BEDROOM
Accessible Category F
SUMNER HOUSE, WATTS GROVE, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission.One week's advance rent required

£116.75, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29914

1 BEDROOM
Accessible Category F
ELMSLIE POINT, LEOPOLD STREET, E3
Flat • 1 Bed 2 Person • 17th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission.One week's advance rent required

£123.79, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29894

2 BEDROOMS
Accessible Category F
RAYNHAM HOUSE, HARPLEY SQUARE, E1
Maisonette • 2 Bed 4 Person • 7th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.81, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29899

2 BEDROOMS
Accessible Category F
CHICKSAND HOUSE, CHICKSAND STREET, E1
Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.86, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29900

2 BEDROOMS
Accessible Category F
GORSEFIELD HOUSE, EAST INDIA DOCK ROAD, E14
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.99, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29918

2 BEDROOMS
Accessible Category F
COLEBROOK HOUSE, ELLESMERE STREET, E14
Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission. One week's advance rent required

£140.98, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29921

2 BEDROOMS
Accessible Category D
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years for new tenants.

£168.29, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29903

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
BRIGGS HOUSE, CHAMBORD STREET, E2
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • GCH • No garden • Pets permitted

£122.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29890

2 BEDROOMS
Accessible Category F
BIRCHDOWN HOUSE, RAINHILL WAY, E3
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required

£138.75, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29883

2 BEDROOMS
Accessible Category F
GALE STREET, E3

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets with landlords permission One week's advance rent required

£133.73, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29898

2 BEDROOMS
Accessible Category F
ELMSLIE POINT, LEOPOLD STREET, E3
Flat • 2 Bed 4 Person • 16th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission .One week's advance rent required

£140.93, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29917

2 BEDROOMS
Accessible Category F
COLUMBIA HOUSE, HAMLETS WAY, E3
Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£135.37, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29886

3 BEDROOMS
Accessible Category G
CARILLON COURT, GREATOREX STREET, E1
Flat • 3 Bed 5 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted. Electric only,

Preference to Housing Moves Applicants

£173.94, Weekly - Social Rent
Landlord: Spitalfields HA

Property Ref: 29925

3 BEDROOMS
Accessible Category F
MAYDWELL HOUSE, THOMAS ROAD, E14
Flat • 3 Bed 6 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission .One week's advance rent required

£152.75, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 29913

3 BEDROOMS
Accessible Category G
BOWSPRIT POINT, WESTFERRY ROAD, E14
Flat • 3 Bed 6 Person • 2nd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£174.60, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29888

3 BEDROOMS
Accessible Category F
ERIC STREET, E3

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission

£146.59, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29891

3 BEDROOMS
Accessible Category F
TAY HOUSE, ST STEPHENS ROAD, E3

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Transfer List

£143.33, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29907

AFFORDABLE RENT PROPERTIES

AFFORDABLE RENT
Accessible Category F
LEVEN ROAD, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Check garden on viewing • Pets not permitted • Life Time.

£147.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29912

AFFORDABLE RENT
Accessible Category F
BETTY MAY GRAY HOUSE, PIER STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£189.75, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29895

AFFORDABLE RENT
Accessible Category G
UPPER NORTH STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29916

AFFORDABLE RENT
Accessible Category F
RAYNERS TERRACE, CARR STREET, E14
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Life Time.

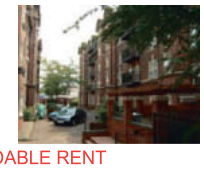
£184.50, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29897

AFFORDABLE RENT
Accessible Category F
FORBER HOUSE, CORNWALL AVENUE, E2
Flat • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • 6 year fixed term tenancy. One month's advance rent required except housing benefit applicants
Monthly rent required

£276.00, Weekly - Affordable Rent
Landlord: Affinity Sutton

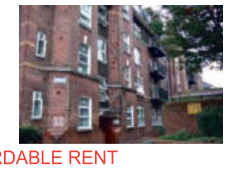
Property Ref: 29922



AFFORDABLE RENT
Accessible Category F
BRADBEER HOUSE, CORNWALL AVENUE, E2
Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • 6 year fixed term tenancy. One month's advance rent required except housing benefit applicants
Monthly rent required

£209.00, Weekly - Affordable Rent
Landlord: Affinity Sutton

Property Ref: 29920



AFFORDABLE RENT
Accessible Category F
BRADBEER HOUSE, CORNWALL AVENUE, E2
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted •6 year fixed term tenancy. One month's advance rent required except housing benefit applicants
Monthly rent required

£209.00, Weekly - Affordable Rent
Landlord: Affinity Sutton

Property Ref: 29923

AFFORDABLE RENT
Accessible Category F
ION COURT, COLUMBIA ROAD, E2

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Life Time.

£203.56, Weekly - Affordable Rent
Landlord: Guinness South

Property Ref: 29908

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. **Please note the rent level and length of tenancy offered on the following homes.**

You are advised to check the Homeseekers website at www.thhs.org.uk or further information.

1 Internet Bidding - Just log on to www.thhs.org.uk

2 Telephone Bidding - Simply call 0845 270 2400

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

Landlords, 3 months rent in advance

1-5 Years Guaranteed Rental Scheme

- ✔ 0% Commission
- ✔ Fully Managed Service
- ✔ No Void Period
- ✔ Inspections every 8-12 weeks

Your rent is guaranteed each month even if your property is empty!

Find out more →

* Terms & conditions apply

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elliotleigh.com 020 8983 4444

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- 0% Full management
- 0% Rent loss during contract
- 0% For free property inspection
- 0% For free Gas, Electric & EPC Certificates

0% TO SELL OR RENT YOUR PROPERTY

PROPERTIES URGENTLY REQUIRED

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www.primelandproperty.co.uk

020 7377 5445

The Property Ombudsman LETTINGS | The Property Ombudsman SALES | OFT

*T & Cs apply

124 Whitechapel Road, London E1 1JE

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- ✓ Start Rent Immediately
- ✓ No Fee
- ✓ No Commission
- ✓ No Void Periods
- ✓ Full Management
- ✓ Dedicated Maintenance Team
- ✓ Free Inventory and Quarterly Inspection
- ✓ Free Refurbishment & Maintenance
- ✓ Free Energy Performance Certificate
- ✓ Free Gas Safety Certificate
- ✓ Free Electrical Safety Certificate

REFER A FRIEND & RECEIVE £500*

CALL NOW: 020 8980 3377

hamletts.com the property management company

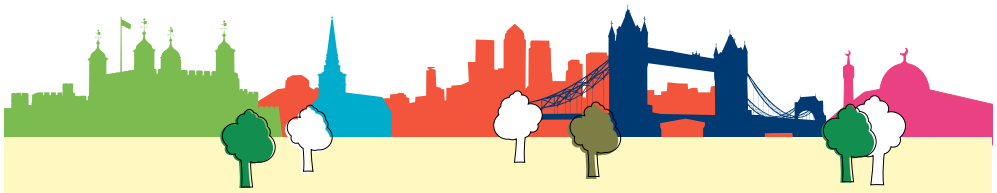
236 ROMAN ROAD, LONDON, E2 0RY
EMAIL: INFO@HAMLETTS.COM
TEL: 020 8980 3377 FAX: 020 8980 9434

*Terms and conditions apply

Career Opportunities

TOWER HAMLETS

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Social Workers - Family Support & Protection — £31,464 - £40,911 per annum
Education, Social Care & Wellbeing
Ref: ESW00101

Social Worker Adoption — £31,464 - £40,911 per annum
Education, Social Care & Wellbeing
Ref: ESW00267 | FTC until 30th April 2015

Social Worker Adoption — £31,464 - £40,911 per annum
Education, Social Care & Wellbeing
Ref: ESW00268

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

Closing date for all posts: 25 May 2014

Positive about disabled people | Investors in People Silver | Stonewall Top 100 Employers 2014

Gateway Housing Association is a locally based housing association with over 2,800 homes in and around Tower Hamlets for people in housing need. We provide homes for social rent, shared ownership and leasehold accommodation. We are also the largest provider of sheltered housing in the borough.

Asset Management Administrator

Ref: AMA0514

Salary: £25,105 pa, plus SHPS DC pension scheme

We are looking for an experienced self motivated Administrator to join our dedicated Asset Management Team within the Property Services Department.

You will provide excellent customer service and administrative support within Asset Management resulting in positive outcomes for residents, contractors, consultants and other stakeholders.

You must have previous experience of working within a Housing Association and have an understanding of cyclical and major works programmes.

Closing date: Monday 26 May, 12 noon
Interview date: Thursday 5 June 2014

To download an application pack please visit www.gatewayhousing.org.uk
CVs will not be accepted.

Please note we will only contact applicants successful for shortlisting.

Gateway is an equal opportunities employer and welcomes applications from all sections of the community.

gateway housing association

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To place your ad in East End Life, call...

Terri on 7364 4682

Chris on 7364 4994

Fatima on 7364 4623

Sharan on 7364 4061

To reserve your space, please call us to book by midday on the Tuesday prior to the Monday publication date.

eastendlife

Catering & Cleaning Opportunities

Part-time Kitchen Assistants & Cleaners

- 16hrs 15mins per week within Tower Hamlets schools
- Kitchen Assistants - term-time only
- Cleaners - working all year round
- £8.91 per hour
- Knowledge of food hygiene and safety is desirable
- Previous cleaning experience desirable

Please contact Skillsmatch on **020 7364 0626** and leave your name, number and quote **Kitchen Assistants/Cleaners**

Experienced Chef's required for various hotels in London

- Commi Chef, Demi Chef, Chef De Partie & Sous Chef
- Full time permanent positions
- Rate of pay depending on experience from NMW to £9+ per hour
- Must have good communication skills
- Flexible to work various shifts (including nights and early mornings)
- Able to work well under pressure

Please contact Skillsmatch on **020 7364 0626** and leave your name, number and quote **Hospitality**.

Your call will be returned within a few days.

Deadline for leaving details is Friday 30th May at 12pm

Skillsmatch
INNOVATION IN JOB BROKERAGE

TOWER HAMLETS

PERSONAL ASSISTANT REQUIRED

Tower Hamlets

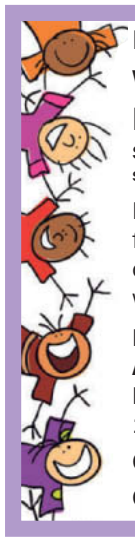
to support a disabled woman primarily with domestic tasks but also some personal care.

You must be willing to support her to lead an independent life and you should actively enjoy being around cats.

£8.55 per hour for 11 hours per week- one to two hours each day, generally mornings, times to be negotiated, flexibility desirable.

You can download the application pack from
www.real.org.uk/AW113
or write to **Ref. AW113**, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London E14 9YQ

Closing date: 5pm Monday 2 June 2014
Interviews: To be arranged



EARLY YEARS NETWORK TOWER HAMLETS

Weavers Fields Community Nursery Requires

Nursery Practitioner/Assistant

Shift work | Morning shift 8.00am to 10am and/or Afternoon shift 4.00pm to 6.00pm | Pay Rate: £9.53 per hour

Level 3 childcare qualification on QCA framework of qualifications or equivalent, candidate with Level 2 childcare qualification will be considered with relevant experience.

For an application pack please send in an A4 90p stamped addressed envelope to Early Years Network Tower Hamlets, 15 Kelsey Street, London E2 6HD

Or email: **recruitment@eynth.org.uk**

Closing Date: 2nd June 2014

HARBINGER PRIMARY SCHOOL

Cahir Street, London E14 3QP • Tel: 020 7987 1924

FIXED TERM TEACHING ASSISTANT

(12 month contract)
Scale 3 - Term-time/pro rata 26.25 hours per week
Start: 9th June 2014 or ASAP

Harbinger is a thriving, inner city, school committed to meeting the individual needs of children through inclusive practice.

We are seeking a teaching assistant to join our dedicated and stable team who:

- has experience of supporting children with special needs;
- has experience in managing children's social and emotional well-being;
- can support early literacy development;
- has excellent oral and written English (GCSE grade C+);
- has excellent team skills;
- can contribute effectively to the shared vision of an enthusiastic staff;
- is reliable with an excellent health & attendance record.

Application packs can be collected from the school or downloaded from school website: **www.harbingerschool.co.uk**

Please email completed applications to this email address only: **jobs@harbinger.towerhamlets.sch.uk** or submit the application by post or by hand at the school office.

Closing date for applications:
Friday 30th May 2014 - 12 noon.

Interviews will take place during the w/b: 2nd June 2014

Harbinger school is committed to equal opportunities and follows the Tower Hamlets equality and diversity policy.
Harbinger School is committed to safeguarding children and all candidates will be required to undertake a full criminal record check.

TOWER HAMLETS

TOWER HAMLETS Community Housing THCH

Tower Hamlets Community Housing (THCH) is a medium sized housing association with an excellent track record of refurbishing estates and improving services operating exclusively in Tower Hamlets. Formed in 2000, we currently manage over 3,000 homes of which 1100 are leasehold.

We have a vacancy for a Housing Support Assistant based at our Shadwell & Wapping Community Housing Office.

Housing Support Assistant

Salary Scale 4 - £20,664 - £22,647 per annum
35 hours per week

THCH requires a Housing Support Assistant with excellent administrative experience gained in a busy housing related office environment. You should have good time management skills with the ability to prioritise and organise your workload accordingly. You should also have good customer service skills with the ability to communicate both orally and face to face with our diverse customers.

If you are interested in this position please download an application pack for this posts at **www.thch.org.uk/jobs** or telephone **020 7780 3070** to request an application pack.

The closing date for the receipt of applications at 285 Commercial Road, Stepney, London E1 2PS is **12 noon** on **Friday 30th May 2014.**

WHFS CANCER AWARENESS PROJECT

Volunteers Needed

The WHFS Volunteer Cancer Awareness Project offers FREE Public Health training and experience in Cancer Awareness

Date: Tuesday 3rd June 2014
Venue: The Brady Centre, 192 to 196 Hanbury Street, E1 5HU
Time: 11.30am – 1pm.

Limited places available to register your interest please send a **text message to 07960 328099** or send an e-mail to **Nazira.Ahmed@whfs.org.uk** with your name and contact details.

WHFS

THE small BIG C

Seven Mills Primary School

Parent Support Worker

35 hours per week (Mon – Fri 8.30 – 4.15)
Starting salary £19,823 pa

We are looking for new parent support worker to join our friendly, happy and successful school. The successful candidate will be trained and supported in their first year by a very experienced Parent Support Worker from Tower Hamlets.

Application forms and further information should be downloaded from the school's website: **www.sevenmills.towerhamlets.sch.uk**

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – NORTH TENTER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in North Tenter Street between its junction with St. Mark Street and its junction with East Tenter Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Centercomms Limited.

The alternative route for vehicular traffic will be via St. Mark Street, Scarborough Street (eastbound) and East Tenter Street.

Throughout the duration of the works and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in East Tenter Street between its junction with North Tenter Street and its junction with Scarborough Street will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 9th June 2014 to Tuesday 10th June 2014 and at times when temporary traffic signs and cones are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson @towerhamlets.gov.uk

Dated: 19th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 16A

TEMPORARY PROHIBITION OF TRAFFIC

RUSHMEAD "COMMUNITY STREET PARTY" ORDER 2014

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under Section 16A of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from stopping, entering or proceeding in Rushmead between its junction with Bethnal Green Road and its junction with Florida Street.

The restrictions on vehicular traffic will enable the Rushmead Community Street Party to be held on the public highway.

The alternative route for vehicular traffic will be via Bethnal Green Road, Pollard Row and Florida Street or Bethnal Green Road, Squirries Street, Old Bethnal Green Road, Pollard Row and Florida Street.

However, access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a police officer in uniform or for the purposes of the event.

The Order will operate on Monday 26th May 2014 from 08:00 hours until 00:00 hours when temporary traffic signs and traffic cones are placed on the public highway.

Please refer any queries regarding traffic restrictions to Theresa Berthold, Arts, Festivals and Events Officer on 020 7364 7909 or email theresa.berthold@towerhamlets.gov.uk

Date: 19th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

We, Close-Up Film Centre Ltd., are applying to London Borough of Tower Hamlets Licensing Authority for a Premises License under the Licensing Act 2003 for a new premises license at No. 97-99 Sclater Street, London E1 6HR.

We are applying for the following licensable activities:
Provision of films from 10:00hrs to 23:30hrs, closing at 00:00hrs Sunday to Thursday and 10:00hrs to 01:30hrs Friday, Saturday and New Years Eve, closing at 02:00hrs allowing 30 minutes for dispersal. Sale of alcohol from 12:00hrs to 23:30hrs closing at 00:00hrs Sunday to Thursday and from 12:00hrs to 01:30hrs, Friday, Saturday and New Years Eve closing at 02:00hrs allowing 30 minutes for dispersal. Provision of Late Night Refreshment from 23:00hrs to 23:30hrs closing at 00:00hrs Sunday to Thursday and 23:00hrs to 1:30 hrs Friday, Saturday and New Years Eve closing at 02:00hrs allowing 30 minutes for dispersal

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG (Website: www.towerhamlets.gov.uk. Tel: 020 7364 5008) by 10/06/2014.

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000).

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ALIE STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Alie Street (in the northeastbound direction only) for a distance of approximately 25 metres between its junction with Leman Street and its junction with Commercial Road.

The restrictions on vehicular traffic will enable essential works to be carried out on the public highway by RFM Management Services Limited.

The alternative routes to vehicular traffic will be via Leman Street, Prescot Street, Mansell Street, Whitechapel High Street and Commercial Road.

The restriction on vehicular traffic will operate from Monday 26th May 2014 to Monday 15th August 2014 from 10:00 hours until 12:00 hours each day when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email mick.jameson @towerhamlets.gov.uk

Dated: 19th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

19 Chisenhale Road, London **PA/14/1115/JTH**
Replacement of existing windows and doors with timber windows and doors

253 Whitechapel Road, London, E1 1DB **PA/14/1103/GMA**
The externally illuminated fascia sign to the shop front and an internally illuminated projecting sign fixed to the facade

Flat 8, Arlington Building, Fairfield Road, London, E3 2UB **PA/14/1012/CSK**
Installation of secondary glazing in same style as existing windows

Town Hall Hotel, 8 Patriot Square, London, E2 9NF **PA/14/978/LAB**
2 X external signs at the front of the Bar/Restaurant entrance at The Town Hall Hotel.

234 Cambridge Heath Road, London, E2 9NN **PA/14/1039/JTH**
Conversion of Gentlemen's Club to residential use (8x 2 beds and 1x 3 bed) with ancillary facilities and ground floor retail unit, incorporating construction of additional floors

2-12 Cambridge Heath Road, London, E1 5QH **PA/14/1045/SHA**
Alterations to ground and first floors to retain office floor space and provide 7 no self-contained flats consisting of 3 x 1 bed and 4 x 2 bed room self-contained flats. Erection of a three storey rear extension and associated works.

28 Cannon Street Road, London **PA/14/997/JTH**
Front Dormer extension to the 4th floor flat

Commodity Quay, East Smithfield, London **PA/14/1017/ADW**
The installation of back-lit building signage for Commodity Quay on the Grade II listed wall bounding East Smithfield (with associated application for Advertisement Consent ref: PA/14/00657).

Commodity Quay, East Smithfield, London **PA/14/657/ADW**
Display of 2no. externally illuminated 'Commodity Quay' building signs on the Grade II listed north boundary wall and south elevation (with associated application for Listed Building Consent ref: PA/14/01017).

Flat 1, Wool House, 74 Back Church Lane, London, E1 1AB **PA/14/923/MCH**
Fit out of offices with internal walls, kitchen and the in fill of previously removed section of flooring from previous application in 2004/05. All works as part of the lease agreement

Unit FG 014, Block F, Old Truman Brewery, Brick Lane, London, E1 **PA/14/1106/KHA**
Installation of two internally illuminated hanging signs and a wall graphic to west and south elevation

Flat 3, Corsair House, 1 Scott Russell Place, London, E14 3TP **PA/14/545/BMC**
Listed building consent is sought for the installation of additional Velux skylights to a roof where there are already skylights installed.

Phoenix School, 49 Bow Road, London, E3 2AD **PA/14/1070/SHA**
To build a single storey extension to Phoenix School (Grade II*) to accommodate an outreach office with meeting room, store and bin stores within Tredegar Square Conservation Area. New courtyard with planters and paving will also be incorporated. Demolition work comprises of removal of existing storage containers and bin sheds. The extension is a separate building constructed in the curtilage of the listed building.

19 Wilkes Street, London, E1 6QF **PA/14/1031/KHA**
External works to building to include: replacing metal balustrade to rear light well with metal railings; redecorating metal timber board on rear elevation, repointing of chimney brickwork and soldier course over first floor front elevation windows. Internal works include: reconfiguration of existing kitchen/ diner at basement level to create a bedroom and relocation of kitchen to ground floor living area; redesign of second floor bathroom and; additional minor internal works including radiator replacement.

17-19 Brick Lane, London, E1 6PU **PA/14/551/ADW**
Installation of air conditioning condenser to rear elevation 2.28m above ground level

Alexandra wing, The Royal London Hospital, Whitechapel Road, London, E1 1BB **PA/14/928 & 929/BEE**
External and internal alterations to Alexandra wing

61-63 Brick Lane, London **PA/14/301/AWA**
Retention of existing control minicab office at first floor and addition of customer collection facility, extended operating hours and installation of front advertisement sign

9-12 Artillery Passage, London **PA/14/945 & 946/KFL**
Refurbishment and Alterations to the existing interconnected properties including: Raising the roof and floor of number 12 to match the 1F storey height of 11 Making alterations to the facade of numbers 12 and 11 Increase the size of the plant enclosure on the roof of number 12 Change the use of the residential flat of number 11 to restaurant use Change the use of the office space in number 9 to restaurant use Alterations to the listed building at number 9

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

10 Wrexham Road, London, E3 2TJ **PA/13/2489/CSK**
Removal of part of existing single storey rear extension and erection of single storey infill rear extension

21 Aston Street, London, E14 7NE **PA/14/1110/LAB**
Basement refurbishment, glazed roof extension to incorporate loft conversion and interior alterations.

19 Roman Road, London, E2 0HU **PA/14/1041/GMA**
Proposal to sever the internal access to the flat and create access to the flat by extending communal walkway and replacing exiting window with a door. There is no impact on street scape and all the works are to the rear.

89 Cyprus Street, London, E2 0NW **PA/14/908/JTH**
Single storey, ground floor, rear extension

Lock Keepers House Salmon Lane Lock, Tomlins Terrace, London, E14 7TZ **PA/14/952/CSK**
Refurbishment of property including demolition of existing single storey extensions and construction of new single storey extensions to north and south

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 19th May 2014

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – CHRISTIAN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Christian Street for a distance of approximately 50 metres between its junction with Cable Street and its junction with Pinchin Street.

The restriction on vehicular traffic will enable the essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management.

The alternative route for vehicular will be via Cable Street, Back Church Lane, Pinchin Street and Christian Street.

The restriction on vehicular traffic will operate from Tuesday 10th June 2014 at 22:00 hours until Wednesday 11th June 2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson @towerhamlets.gov.uk

Dated: 19th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

Land Known as "Wood Wharf", Prestons Road, London E14 9SF **PA/13/02966**

Location: Land known as "Wood Wharf", Prestons Road, London, E14 9SF

Proposal: PA/13/02966 - Outline application (all matters reserved) for mixed-use redevelopment of the site known as "Wood Wharf" comprising:

- Demolition of existing buildings and structures, including dwellings at Lovegrove Walk;
- The erection of buildings, including tall buildings and basements, comprising:
  - Residential units (Use Class C3);
  - Hotel (C1);
  - Business floorspace (B1);
  - Retail (A1-A5);
  - Community and Leisure (D1 and D2); and,
  - Sui Generis uses.
- Associated infrastructure, including the creation of structures in Blackwall Basin, Graving Dock, and South Dock;
- Streets, open spaces, landscaping and public realm;
- Bridge links;
- Car, motorcycle and bicycle parking spaces and servicing spaces;
- Utilities including energy centres and electricity substation(s); and,
- Other works incidental to the proposed development

This outline planning application has been amended. A brief description of some of key amendments is below:

- Removal of 'Swing Plots' – the introduction of certainty on the Building Plots that will be residential and the Building Plots that will be commercial.
- Residential Maximum – the removal of the Swing Plots has resulted in the reduction of the maximum number of residential units that can be delivered from 4,500 to 3,610 units;
- Commercial Minimum - the removal of the Swing Plots has resulted in an increase to the minimum quantum of business floorspace from 100,000 sqm to 165,000 sqm (GIA);
- Pedestrian Access – further pedestrian access has been committed to in and around Development Zone J; and,
- Affordable Housing Quantum and Mix – the affordable housing offer has been increased.

The outline application proposes development which does not accord with provision(s) of the development plan.

The outline application is accompanied by an Environmental Impact Assessment.

Quay House, Admirals Way **PA/14/00990/PRI**

Demolition of the existing building and redevelopment to provide a residential led, mixed use scheme to include a tower of 68 storeys (233m AOD) comprising 498 residential units, 315.3 sq.m. (GEA) of flexible commercial uses including retail/financial and professional services/café/restaurant uses (Use Classes A1 to A3), a residents' gymnasium and associated residential amenity space, car and cycle parking and landscaping.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 19th May 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:
Wood Wharf, Prestons Road, London, E14 **PA/13/02966**

Notice is given that GVA Grimley on behalf of CWG (Wood Wharf Two) Ltd are applying to the London Borough of Tower Hamlets for:

Outline application (all matters reserved) for mixed-use redevelopment of the site known as "Wood Wharf" comprising:

- Demolition of existing buildings and structures, including dwellings at Lovegrove Walk;
- The erection of buildings, including tall buildings and basements, comprising:
  - Residential units (Use Class C3);
  - Hotel (C1);
  - Business floorspace (B1);
  - Retail (A1-A5);
  - Community and Leisure (D1 and D2); and,
  - Sui Generis uses.
- Associated infrastructure, including the creation of structures in Blackwall Basin, Graving Dock, and South Dock;
- Streets, open spaces, landscaping and public realm;
- Bridge links;
- Car, motorcycle and bicycle parking spaces and servicing spaces;
- Utilities including energy centres and electricity substation(s); and,
- Other works incidental to the proposed development.

(REVISED APPLICATION)

[This outline planning application has been amended. A brief description of some of key amendments is below:

- Removal of 'Swing Plots' – the introduction of certainty on the Building Plots that will be residential and the Building Plots that will be commercial.
- Residential Maximum – the removal of the Swing Plots has resulted in the reduction of the maximum number of residential units that can be delivered from 4,500 to 3,610 units;
- Commercial Minimum - the removal of the Swing Plots has resulted in an increase to the minimum quantum of business floorspace from 100,000 sqm to 165,000 sqm (GIA);
- Pedestrian Access – further pedestrian access has been committed to in and around Development Zone J; and,
- Affordable Housing Quantum and Mix – the affordable housing offer has been increased.

The outline application proposes development which does not accord with provision(s) of the development plan.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 1pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from GVA Grimley, 10 Stratton Street, London, W1J 8JR Tel: 08449 02 03 04, so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 21 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 19th May 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public and Legal notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

ARTICLE 13 OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATION:

ADDRESS:
Wood Wharf, Prestons Road, London, E14 **PA/13/02966**

I hereby give notice that GVA Grimley on behalf of CWG (Wood Wharf Two) Ltd are applying for Planning Permission for the following:

Outline application (all matters reserved) for mixed-use redevelopment of the site known as "Wood Wharf" comprising:

- Demolition of existing buildings and structures, including dwellings at Lovegrove Walk;
- The erection of buildings, including tall buildings and basements, comprising:
- Residential units (Use Class C3);
- Hotel (C1);
- Business floorspace (B1);
- Retail (A1-A5);
- Community and Leisure (D1 and D2); and,
- Sui Generis uses.
- Associated infrastructure, including the creation of structures in Blackwall Basin, Graving Dock, and South Dock;
- Streets, open spaces, landscaping and public realm;
- Bridge links;
- Car, motorcycle and bicycle parking spaces and servicing spaces;
- Utilities including energy centres and electricity substation(s); and,
- Other works incidental to the proposed development.

(REVISED APPLICATION)

[This outline planning application has been amended. A brief description of some of key amendments is below:

- Removal of 'Swing Plots' – the introduction of certainty on the Building Plots that will be residential and the Building Plots that will be commercial.
- Residential Maximum – the removal of the Swing Plots has resulted in the reduction of the maximum number of residential units that can be delivered from 4,500 to 3,610 units;
- Commercial Minimum - the removal of the Swing Plots has resulted in an increase to the minimum quantum of business floorspace from 100,000 sqm to 165,000 sqm (GIA);
- Pedestrian Access – further pedestrian access has been committed to in and around Development Zone J; and,
- Affordable Housing Quantum and Mix – the affordable housing offer has been increased.

The outline application is accompanied by an Environmental Impact Assessment

The proposed development does not accord with the provisions of the Tower Hamlets Local Plan.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, 5 Clove Crescent, London, E14 2BG

Any person who wishes to make representations relating to this application should do so in writing, within a period of 21 days from the date of publication of this notice to the Head of Planning at the above address.

Dated: 19th May 2014

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL

TOWER HAMLETS

Take Notice of
Public Notices
Make sure you know what's going on in your neighbourhood.

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

PROPOSED DEVELOPMENT AT:
Quay House, Admirals Way **PA/14/00990/PRI**

Notice is given that GVA Grimley on behalf of Investin Quay House Ltd are applying to the London Borough of Tower Hamlets for:

Demolition of the existing building and redevelopment to provide a residential led, mixed use scheme to include a tower of 68 storeys (233m AOD) comprising 498 residential units, 315.3 sq.m. (GEA) of flexible commercial uses including retail/financial and professional services/café/restaurant uses (Use Classes A1 to A3), a residents' gymnasium and associated residential amenity space, car and cycle parking and landscaping.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from GVA Grimley, 10 Stratton Street, London, W1J 8JR Tel: 08449-02-03-04 so long as stocks last. (Price on application)

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 19th May 2014

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

LONDON LEGACY DEVELOPMENT CORPORATION

LONDON LEGACY DEVELOPMENT CORPORATION PUBLIC NOTICE

Planning (Listed Buildings and Conservation Areas) Act 1990 Sections 69 and 70

Notice of the extension to Hackney Wick Conservation Area by the London Legacy Development Corporation

Notice of the extension to the Fish Island Conservation Area by the London Legacy Development Corporation and to rename it the Fish Island and White Post Lane Conservation Area.

Title of proposals

Hackney Wick Conservation Area extension

Hackney Wick and White Post Lane Conservation Area extension

The subject matter

On 30 April 2014 the Board of the Legacy Corporation agreed to approve designation of an extension to the Fish Island Conservation Area and an extension to the Hackney Wick Conservation Area. This follows an extensive consultation that took place between December 2013 to February 2014. The Legacy Corporation Board report can be accessed at http://queenelizabetholympicpark.co.uk/our-story/the-legacy-corporation/our-committees/board-meetings

Schedule

A map showing the new boundaries of the Hackney Wick Conservation Area and the Fish Island and White Post Lane Conservation Area can be accessed at http://queenelizabetholympicpark.co.uk/planning-authority/planning-policy

The principal effects of the areas being included within a conservation area are:

1. The Legacy Corporation is under a duty to formulate and publish Management Guidelines to ensure the preservation or enhancement of the Conservation Area.
2. Conservation Area Consent must be obtained from the Legacy Corporation before the demolition of any buildings located in the Conservation Area (other than excepted buildings) can take place (demolition includes substantial demolition).
3. Six weeks written notice must be given to the Legacy Corporation before works are carried out to any tree in the area.
4. Special publicity must be given to planning applications for development in the Conservation Area.
5. In carrying out any functions under the Planning Acts (and, in particular, in determining applications for planning permission), the Legacy Corporation and the Secretary of State are required to take into account the desirability of preserving or enhancing the character or appearance of the Conservation Area.
6. Permitted development rights for development in the Conservation Area are more restricted than before (persons wishing to exercise those rights within the Conservation Area should first check the extent to which they may do so with the Legacy Corporation's Planning Policy and Decisions Team).

Documentation

Copies of the Hackney Wick Conservation Area Appraisal and the Fish Island and White Post Lane Conservation Area Appraisal are available to view at http://queenelizabetholympicpark.co.uk/planning-authority/planning-policy and hard copies are available to view at the London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfichet Road, London, E20 1EJ on weekdays from 8:30am until 5:00pm.

Shooting the hoops with Trojans

Trojans Basketball Club was set up four years ago with tha aim of making the game more accessible for players of all ages. They run a number of sessions open to boys, girls, women and men.

WWW.TROJANSBASKETBALLCLUB.CO.UK

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Trojan girls' big strides

Basketball

BY PETER FAULKNER

TROJANS Basketball Club has come a long way since it was formed six years ago

This season they concentrated on developing the women's side of the sport, entering a girls and women's team into competitive leagues.

And they can feel proud that they picked up one trophy and finished third in the other.

The girls team of Stephanie Kabeya, Ella Myerbcough-McClymont, Vaishakhi Patel, Tyger Eduite-Jones, Gemma Ben Salem, Davionne Sweeney-McIntosh, Gbemisola Olladsabik, and Kaydeen Wilson got through to the play-offs and finished third overall.

The women's team of Helen Tang, Juliana Ben Salem, Nadine Denneth, Cynthia Mpangala, Francesca Tiango, Regina Ruffini, Ola Awosika, Chantelle Phillips, Wanda Navarrd, Natalie Payne, Jadene Stewart, Pao Piquer, Mickela Hall-Ramsay and Sonia Rai finished season winners.

The Trojan women's team

Chair and coach, Chan- telle Phillips, said: "I am proud to see the club develop at the pace it has and to see Tower Hamlets basketball come so far."

The Trojans committee put together the first of many end of year award ceremonies which saw members awarded for their hard work throughout the 2013/14 season.

Next season the club will be registering mixed under-12s, mens, under-16 boys, under-16 girls and a women's team into competitive leagues.

If you're a beginner, an old player returning to sport or new to the area, everyone is welcome.

Email **info@trojans basketballclub.co.uk** Visit **www.trojansbasketballclub.co.uk**

Girls

MVP: Vaishakhi Patel,
Captain: Tyger Eduite-Jones
Queen of training: Davione Sweeney-McIntosh
Most encouraging: Ella Myerbcough-McClymont
Top scorer: Gbemisola Olladsabik
Most improved: Gemma Ben Salem

Women

MVP: Mickela Hall-Ramsay
Captain: Juliana Ben Salem
Queen of training: Nadine Denneth
Most encouraging: Cynthia Mpangala
Top scorer: Mickela Hall-Ramsey
Best newcomer: Natalie Payne
Most improved: Jadene Stewart

Swimming

Sharks make a splash in Redbridge

ELEVEN swimmers from Bethnal Green Sharks Swimming Club competed in the Redbridge Regional Level 3 Meet at Fullwell Cross Swimming Pool, but there was only one golden boy. Nine-year-old Ronnie Phillimore stormed to a gold medal in the 50 metres freestyle and was the most successful of the young Sharks.

Fedra Androulidaka, 9, was fourth finalist in the 200 metres breaststroke and fifth in the individual medley.

Medals were also won in the girls 11 year band for Kaia Cudmore, who earned a bronze medal in the 100 metres breaststroke and fourth in the 100 metres butterfly. Team mate Melissa Eloidin won a bronze medal in the 100 metres individual medley and sixth place in the 100 metres backstroke and 200 metres breaststroke.

In the boys 11 year band, Kia Ogden was fifth finalist in the 200 metres in a time that qualifies him for the London Championships later in the year plus a sixth place finalist place in the 100 metres individual medley. Five finalist places were achieved by Agni Hatzakis, 10, with sixth place. In the 50 metres freestyle, seventh in the 400 metres freestyle, and three eighth places in the 100 and 200 metres backstroke and 100 metres butterfly.

The other Shark competitors Tahlia Deaner, Chloe Newman, Maddison Taylor and Gaia Phillimore all achieved personal best times. Any youngsters keen to improve their swimming can go along to York Hall Leisure Centre in Bethnal Green any Friday at 6.30pm.

Rugby

East London get a Dutch lesson

EAST London Rugby Club went Dutch recently when they played Rotterdam at their Manor Road ground.

The visitors arrived in full fancy dress for this tour fixture and East London fielded a side mainly composed of second and third team players, with the exception of Gary Pearmain.

East London defended strongly for the first 15 minutes, but Rotterdam went over for a converted try.

This was the catalyst that East London needed. From the re-start, strong runs from Royer and O'Kelly led to Samuels going over from short range. The conversion was good to level the scores.

Rotterdam scored two more tries before the break, one of which was converted, giving the visitors a 7-19 lead.

Another try was soon conceded after the interval, but East London kept their spirits up and were rewarded when Crick went over for an excellent solo try to make it 12-24.

The visitors hit back to increase the lead to 12-29 and, with the final whistle approaching, Little reduced the deficit to 19-29.

With only two minutes remaining, Rotterdam scored again. The conversion was like all other kicks. The difference this time? The kicker was wearing clogs and made it 19-36.

Basketball

Roar with the Lions

LONDON Lions basketball club is offering fans an incentive to snap up early season tickets for the 2014-15 campaign by taking £100 off the total price.

The limited-time offer gives holders access to numerous matches, a 15 per cent discount on Lions merchandise on match days and a chance to choose your seat at selected home matches.

Cost of the ticket is currently £349, but you can get it for only £249 if you buy before June.

Visit **www.londonlionsbasketball.com**

Cycling

On his bike to beat cancer

CANARY Wharf strategist, Chris Walker, 26, was due to cycle from Hampshire to Normandy as we went to press to raise money for Cancer Research.

The ride is in memory of his father who died in December.

Before he set off on the 320-mile race Chris, who works for Barclays, had already raised £7,000 for the charity, but was hoping to add to this.

Football

Newark go to Millwall

NEWARK Youth did the borough proud when they competed in the UK Asian Community Cup final at Millwall Football Club.

And although they only managed one point, the Tower Hamlets side stopped another borough rival from reaching the semi-finals.

Newark, last year's semi-finalists, drew with tournament hosts London Tigers which meant Tigers missed the semi-finals by just two points.

The tournament was eventually won by Bury Park Saracens.

Mesba Ahmed, chief executive for London Tigers, who are based in Gillender Street, Poplar, said: "It was great to work with a new professional club like Millwall and to have the support of Kick It Out.

"This has helped us provide more opportunities to link the Asian community with professional clubs."

The UK Asian Community Cup aims to provide Asian players with a chance to play professional stadiums and be spotted.

More information can be found online at **www.london tigers.org**

Boxing

Repton continue title dominance

EIGHT Repton boxers survived the London stage of the Junior ABA title race picking up titles and booking their place in the next round at the Earlsfield Club, west London.

Quickest winner of the championships was Tommy Roberts, who beat Les Lindon (Nemesis) on points on the Saturday then stopped Gary Barton (Harrow) in the last round 24 hours later.

Also boxing twice was Taylor Ayling, winning both his contests on points, firstly against Tommy McCarthy (Islington) – a revenge win – then returning on Sunday to beat Danny Carty (Earlsfield).

Johnny Halloran won on points to lift the title at the expense of John Crook (Fisher), Levi Coates defeated John McDonagh (Northolt) on points in the final, as did Omar Chaima against Mick Hennessey (Bodyshots).

Mickey Oates scored a points win over John O'Mara (Dale Youth). Jesse Dean and Shahid Subhani both got walkovers.

It was the end of the title chase for Javade Skeete, who won one and lost the other on points, and Tyrone Winter, who brought the house down with a superb scrap against C. Miles (Fitzroy Lodge), but lost the decision.

Sharp Sharks

Swimmers bring home the medals from Redbridge competition.

SEE PAGE 35

A season of unprecedented success

FC Hamlets have won three trophies this season, and are on track for a fourth cup and the league title. Whatever happens from now on, it will have been a phenomenal season.

SEE BELOW

TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Three down, one to go for cup King

Player-manager leads Hamlets to the verge of clean sweep

BY PETER FAULKNER

FC HAMLETS enjoyed the most amazing 48 hours of their history when they won two trophies to complete a hat-trick of successes in the space of six days.

On May 6 they defeated The Lords Sanctuary – better known as TLS – in the final of the Syd Morrell trophy at the Dagenham & Redbridge ground.

Two days later they went back to the same Victoria Road, Dagenham, arena and inflicted a 3-0 Premier Cup final defeat on May & Baker.

These wins came after they had secured the London Junior Cup, with a penalty shoot-out victory over Pearscroft United at Corinthian Casuals' south London ground.

And the club's amazing season isn't over yet. As we went to press they were due to play Vittoriosa Falcons in the final of the East Ham Memorial Cup as well as being favourites to lift the Essex Business Houses league title.

Player-manager Ashley King

Whatever happens it will have been a phenomenal season and a tribute to player-manager Ashley King, who struck a hat-trick in the Syd Morrell trophy match.

TLS, main rivals for the league title, may have been hoping for divine intervention, but FC Hamlets showed no mercy as they outclassed and outgunned them. And the undoubted hero of the day was King. Hamlets drew first blood on 30 minutes when King seized on a Joe Pett rebound.

Hamlets seized the intiative and it wasn't long before King got his second goal after another fine run by Pett.

TLS fought back but came up againt a defensive brick wall and, just when TLS thought they had contained their opponents, King completed his hat-trick before the break.

Showing no sign of tiredness or lack of stamina against May & Baker two days later, they registered another 3-0 victory with Lawrence With and John Gilroy putting them two goals up before half-time and Gilroy setting up Ashaan Siddik who headed home number three after the interval.

May & Baker could have suffered a heavier defeat but for a brilliant display by their goalkeeper. Hamlets' Aaron Glasgow was man-of-the-match.

LONDON Tigers are in the final of the UK Bangladesh football championships at MK Dons Stadium on May 28 where they will face West Yorkshire.
Tigers, a registerd charity whose headquarters are in Gillender Street, Poplar, came second in their group stage and defeated east London side Beaumont FC 3-0 in the quarter final stage before going on to knock out Cambridge 1-0 in the semi-final at Milton Keynes thanks to a penalty from Zahir Farid.

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1-5 Years Guaranteed Rental Scheme
✔ 0% Commission
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